



"Blessed are you....Rejoice and be glad,
for your reward will be great in heaven."

MATTHEW 5:12



Blessed Are Our Hassles

FR. JOSEPH JUKNIALIS

As much as we all might like a hassle-free life, for the person of faith the Beatitudes are markers of when God slips into our consciousness. They are life's doorways to a deepening sense of God-with-us.

"Blessed are the poor in spirit" is not about material poverty, though it may include such times. To be poor in spirit is to be dependent upon God because we have run out of our own self-sufficiencies. There is nowhere else to go.

"Blessed are they who mourn" is about times when we grieve the loss of someone or something we love deeply. Who or what will now sustain us?

"Blessed are the meek" is about giving up the need to have our own way all the time. It recognizes that sometimes God's way is breaking into what we prefer.

"Blessed are they who hunger and thirst for righteousness," that is, for a relationship with God. It is ultimately a hunger for harmony.

"Blessed are the merciful" is about being forgiving and about those who live out the corporal works of mercy—feeding the hungry, clothing the naked, and the rest. In them we find the presence of God.

"Blessed are the clean of heart" is when we come to realize we cannot have it all. Then there is only one who will satisfy our longing.

"Blessed are the peacemakers" are those who not only love peace but work for peace, for God is peace.

"Blessed are they who are persecuted for the sake of righteousness." They live for an ultimate good greater than their own. ●

Reflect

***Which Beatitude would be a good title
for your autobiography?***

***Which Beatitude needs the greatest growth
in your life?***

Sacred Heart Catholic Church

Fr. Sebastian Devasya, Pastor

P.O. Box 1310

507 Harrison St.

January 28 & 29, 2023

CONFESSION BY APPOINTMENT ONLY, PLEASE CALL THE
CHURCH OFFICE

SUNDAY MASS IS AVAILABLE ON LIVESTREAM

www.facebook.com/sacredheartprinceton Sacred Heart
Princeton (@shprinceton) • Instagram photos and videos

Office Hours: Mon - Fri 9 am - 2 pm

Mass Intentions:

Saturday, January 28, 4pm - † **Nettie Pace** by Susie Pace

Sunday, January 29, 11am - † **Ellen Buechel & Mike Micarelli** Harold & Carol Cofer

Tuesday, January 31, 6pm - No Mass

Thursday, February 2, Noon - No Mass

Friday, February 3, Noon - † **Deceased Members of Sacred Heart**

Saturday, February 4, 4pm - † **Matt Yurkovich** by Yurkovich Family

Sunday, February 5, 11am - † **Deceased Members of Sacred Heart**

Upcoming Church Events

Dec 30 - Feb 2, **No Weekday** Mass, Fr. Sebastian is out of town.

Jan 28-29, Food for the Poor Priest Visit

Fri, Feb 3, Noon, First Friday Mass, Devotion to the Sacred Heart of Jesus and Benediction

Tue, Feb 7, Finance Council

Feb 8-9, No Mass, Fr. Sebastian at Presbyteral Council

Tue, Feb 14, Parish Council

Wed, Feb 22, Ash Wednesday

Church Staff

Pastor-Fr. Sebastian Devasya
sdevasya@dwc.org

Office Manager: Kim Hickman
khickman@sacredheartprinceton.org

Secretary: Laura Wyatt
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lwyatt@sacredheartprinceton.org

Youth Ministry: Lorin Albin
lorin@sacredheartprinceton.org

Newman Center: Paul Krause
pkrause@dwc.org



February 2, 2023



January 29, 2023 - 4th Sunday in Ordinary Time

“If we want to work for the benefit of the poor we have to be worshipping Jesus. If we want to face the darkness, the poverty, and the violence in our society without getting tired or angry or cynical or apathetic, we have to be going to Jesus.” ...Bishop Mark Bartosic, Auxiliary Bishop of Chicago, in Heart of the Revival.



Next weekend we will celebrate the Feast of St. Blaise.

On February 4 & 5, Fr. Sebastian will offer a common blessing of our throats during Mass.

He preached Christianity in his hometown and was a well-known healer. For his dedication to Christianity and helping others, Saint Blaise was made one of the earliest bishops of Christianity.

He is recognized as the **Patron Saint of throats and throat disease** in the Roman Catholic Church. This is because his most famous and memorable act was when he miraculously helped a young boy who was choking on a fish bone. The boy was placed at the saint's feet by his mother, and he healed straight away.



TOGETHER IN HOLINESS™
CONFERENCE SERIES

The St. John Paul II Foundation and the Diocese of Wheeling-Charleston

invite all married and engaged couples to the second annual **Together in Holiness marriage conference** on February 11, 2023 from 10:30 am – 5:30 pm at St. Michael Church in Wheeling, WV.

Dynamic Presentations | Mass | Childcare
Eucharistic Adoration | Reconciliation

Featuring: Deacon Harold Burke-Sivers

Registration: \$27/couple and \$18/individual
Early Bird discount available through January 9.
Scholarships available upon request.
On-site childcare (2-12yrs); pre-registration required.

For more information, please visit togetherinholiness.org or email TH@forlifeandfamily.org.

Where Spouses Discover God’s Plan for Their Family

Together in Holiness is a marriage enrichment initiative that inspires couples to grow together in holiness and empowers and equips parents to form their children in the Catholic faith. It accomplishes this mission in two complementary ways:

- An annual, one-day Conference series for couples in dioceses
- A year-round Formation series for couples in parishes, schools, and small communities

Together in Holiness is unique in that it offers a place of encounter, where God’s plan for marriage and family is proclaimed and a desire for holiness is enkindled in the hearts of married couples. This is complemented by ongoing formation for spouses within a natural community of friends who accompany each other on the path to holiness by providing formation that will help learning take root in daily living.

Women's Retreat

Co-sponsored with the DWC
Office of Evangelization and Catechesis

Listening to Your Inner Voice: Grace Unfolding

March 24-26, 2023

St. John XXIII Pastoral Center
Charleston WV



“I Prayed for the Heart of a Star” by Sister Mary Southard CSI www.ministryofhearts.org
Used with Permission.

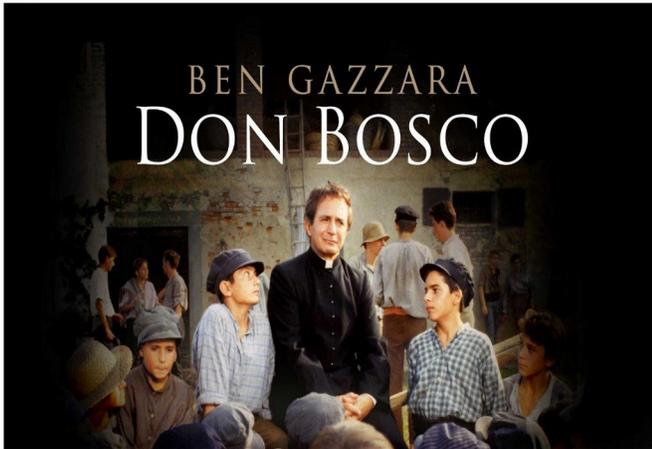
Mail registration form and check to:
Gerri Wright
Saint John XXIII Pastoral Center
100 Hodges Rd Charleston,
West Virginia 25314

Check payable to **DWC**

Or register online at
www.dwc.org/2023-Women's-retreat

**Deadline for registration is
March 17, 2023**

This Week On Formed



FORMED® THE CATHOLIC FAITH. ON DEMAND.

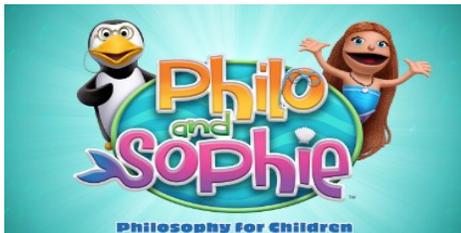
Don Bosco: The True Story of the Apostle of Youth

Don Bosco tells the true story of a brave and holy priest whose single-handed battle to save the children of the streets inspired the formation of the Salesians, which is now a worldwide religious order that carries on his work with youth everywhere.



Our parish has a FORMED subscription. Visit formed.org/signup and select our parish. Scan the QR code to download the FORMED app to your phone.

An offering from the AUGUSTINE INSTITUTE and ignatius press



Philo, Sophie, and their friends not only learn what happiness is, but that there are four kinds of happiness, that each kind is good, and that God wants them to be happy!

[Philo and Sophie - FORMED](#)



Have you ever wanted to ask a professor of Catholic theology your faith-related questions? In this FORMED Now episode, Dr. Ben Akers is put on the spot, answering questions he might not know the answer to. Watch to find answers to your questions and to see how Dr. Akers does.

[Ask the Professor \(Part 1\) - All Episodes - FORMED](#)

Happy Birthday

Patricia	Metzer	1	Frank	Bacho	16
Lane	Austin	2	Virginia	Manley	16
Felomina	Yongque	3	Natalie	Fanning	17
Andres	Rago	4	Noah	Smith	18
Nicole	Kaklis	10	Isabella	Kaklis	19
Bailey	Yahya	11	Sadie	Bogges	20
Noah	Griffith	15	Adelson	Mercado	20
Alexander	Muscari	15			



Feb 14	Patricia & Avery Nester
Feb 15	Connie & Charles Pace
Feb 22	Patricia & John Metzer

Religious Education

Faith Formation

Schedule:

Faith Formation

January 29

Feb 5, 12, 19

Youth Sunday:

Feb 19

Mar 19

Youth Ministry:

K-2

Lesson Theme:

Jesus wants us to be happy.

Word of the Week:

Promise: Beatitudes

Grades: 3-6

Lesson Theme:

Jesus teaches about happiness.

Word of the Week:

Liturgy of the Word

Confirmation

Conversation 1 *Who Is Jesus?*

As best as you can remember, what has been the most exciting moment in your life to this point?

If you could safely witness any special effect being filmed for a movie, which one would you want to see above all others?

If you could permanently eliminate any one part of your daily routine, what would it be?

True enlightenment comes in discovering that even our mundane moments are charged with the grandeur of God's presence and love. Pay attention and you will see the ways that God is present in both the high points and low points of each and every day.

<https://www.loyolapress.com/>

Youth Ministry



Blessed Carlo Acutis Youth Adventure Camp

With Him on the Mountain

We are a Catholic youth adventure camp that ministers to youth through rock climbing, equestrian activities, archery, Adoration, overnight backpacking, and more! Register your camper at CampCarlowv.org by June 1st to receive our early bird rate of \$275.



June 25th – July 1st. Rising 6th graders to 8th graders.
July 2nd – July 8th. A "catch all week" from 3rd grade through 12th grade.

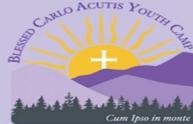
July 9th – July 15th. Rising freshmen to seniors in high school.

July 16th – July 22nd. A "catch all week" from 3rd grade through 12th grade.

July 23rd – July 29th. "A Camp Carlo Summer Vacation" free program for 7-12 year olds who receive support from the government or Catholic Charities.



Contact Assistant Director, Maggie Moran, for more information: mmoran@dwc.org or 1 (757) 995-4486



9 tips for a successful family prayer time

Set aside a regular time to pray together as a family—or, if your schedules don't allow for the whole family to pray together, aim to pray together one-on-one or in small groups.

Start small. Until family prayer time is a habit, you may need to start small. If you can't do a ten-minute prayer service, start with five; if you can't do five minutes, start with sixty seconds, or even a ten-second blessing on the way out the door in the morning.

[9 tips for a successful family prayer time - Teaching Catholic Kids](#)

Adult Faith Formation

Women's Group

Thursdays at 10:15 am in the Conference Room

Men's Group

First and Third Thursday at 10 am in the Narthex

Book Study

January 25, at 6 pm in the Conference Room

Parish Council & Music

Pastoral Council Members:

Deb LaMothe (Chair) Vickie Blankenship
 Harold Cofer Gerry Cosgrove
 Mike Flanigan Renee Green
 Anthony Heltzel Zack Romano,
 Santana St. John
 Ad Hoc: Gina Boggess
 Kim Hickman Laura Wyatt

Finance Council Members:

Charlie Pace (Chair) Gina Boggess
 Richard Flanigan Kevin Garrett
 Shelby Neri Gene Richardson
 Frank Sinicrope Fred St. John
 Ad Hoc: Kim Hickman

4th Sunday of Ordinary Time Music for January 29, 2023

Mass of Christ the Savior
 Mass Readings on pg. 278
 Word & Eucharist

Entrance: G683

“Be Not Afraid”

Responsorial Psalm: G146

Blessed are the poor in spirit; the
 Kingdom of heaven is

Presentation of Gifts: G47

“The Cry of the Poor”

Communion: G592

“We Are the Light of the World”

Closing Hymn: G829

“Let there Be Peace on Earth”

Collections

	Weekend Jan 21-22	YTD Actual	YTD Budget
Envelopes	2,581.00	13,213.85	10,661.60
Loose Offertory	79.00	370.40	400.00
Total Contributions	\$2,660.00	\$13,584.25	\$ 11,061.60
Dioc: Church in Central & Eastern Europe	70.00	295.00	200.00
Attendance:	4pm: 44	11am: 109	

Second Collection: February 12 ~ Church Missions within the United States

Black and Indian Missions ~ for evangelizing the Black and Indian peoples of the United States. The funds are distributed as grants to dioceses throughout the United States, supporting and strengthening evangelization programs which otherwise would cease. The Collection was formerly known as The Black and Indian Home Mission Collection.

Catholic Home Missions Appeal ~ Catholic Home Missions Appeal - the Appeal strengthens the Catholic Church in the United States and its territories in 85 Latin and Eastern Catholic dioceses. The Subcommittee on the Catholic Home Missions funds a wide range of pastoral services, including evangelization, religious education, and the maintenance of mission parishes, the training of seminarians and lay ministers, and ministry with ethnic groups.

Ministry Schedule

February Ministry Schedule

DATE	Lector	Extraordinary Minister	Greeter	Video	Sacristan	Altar Server	Counter
2/4 4p	M. Tinio	K. Bailey	S. Pace	n/a			S. Pace
2/5 11a	D. LaMothe	G. Boggess	Hillyer	Picknally			
2/11 4p	M. Bacho	V. Manley	F. Bacho	n/a			J. Cosgrove
2/12 11a	J. Cox	M. Cox	S. Neri	Picknally			
2/18 4 p	M. Gaspersich	K. Bailey	S. Pace	n/a			J. Choate
2/19 11a	YOUTH	Picknally	YOUTH	T. Wyatt		YOUTH	
2/25 4 p	G. Saffell	V. Manley	J. Gaspersich	n/a			T. Settle
2/26 11a	C. Cofer	H. Cofer	Blankenship	Picknally			
Ash Wed.	L. Albin	Modena		Picknally			

Please include the following in your Daily Prayers

Parishioners:

Catherine Belcher
Ruth Boyd
Deloris Caccamo
Ron Ciccolini
Romulo DelaRosa
Dale & Mary Lu Geiger
Angie Grbac
Cynthia & Gordon Harmon
Cyndi Jones
Nancy Larkin

Valarie Laxton
Christina Laxton
Robert Laxton
Kaitlyn Laxton
Keith Laxton
Jim Lintz
Jim & Diane Luciano
Fr. Greg Lyttle
Jaelynn Mendoza
Annette Morgan

Dr. Jun Neri
Patricia Nester
Esther Piconi
Alan Rieger
Deborah Saffell
Jacob Santon
Gareth Settle
Felomina Yongque
Carrie Yurkovich
Jane Walthall

FRIENDS AND FAMILY:

Linda Berghof (mother of Jackie Mercado)
Mary Berentes,
Lou Berentes (friend of Monica Mills)
John Bowers
John Caccamo (brother of Pat)
Rita Calhoun (Aunt of Tanya Marx)
Irene Charney
Regina Church (friend of Monica Mills)
Judy Clayton (sister of Loretta Lintz)
Matthew Cosgrove (Jim Cosgroves nephew)
Linda Cunningham
Rachel Denton
Kimiko Fetro (friend of Bill Picknally)

David Frei & Mary Piper (son-in-law & daughter of Carrie Yurkovich)
Kyle Geiger
Mike Goff
Myles Harris
Velma Hartwell
Wylie Rae Henson (Kay Bailey's granddaughter)
Brenda Ivelise
Ruby Jones (Aunt of Rachel Colosi)
Lucas Llado (grandson of Maria Franco)
Richard Lockhart
John Mills (brother of Gary Mills)
Sandy Morefield (friend of Gasper-sich family)
Tina Mullins (friend of Tanya Marx)

Wayne Mullins (brother of Delores Caccamo)
Carolyn Munther (mother of Lisa Black)
Susan Nelson (Bill Picknally's daughter),
Rex Neely
Allan Perry
Agnes Sedi
Sherry Sisk
Bryan Staten
Agnes Tokarski (Bill Picknally's sister)
Jamie Willoughby (niece of Sharon Buttaci)
Richard Wentz (brother in law of Rick & Laura Wyatt)

In case of an emergency and a priest is needed, please call:

The Parish Office

(304) 425-3664

Bluefield Parish Office

(304) 327-5623

Kim Hickman

(304) 920-2440

In case of illness:

Please call the parish office to let us know if you, a family member, or a parishioner is sick. We can place your name on the prayer list. If requested, Fr. Sebastian will arrange for distributing Holy Communion the home.

Nursing homes, rehabilitation centers and anyone who is hospitalized are not permitted to contact the church. If someone you know is in the hospital, please call the church office.

In case of serious or life threatening sickness or the actively dying:

The church should be contacted as soon as possible. People deserve the opportunity to confess their sins, profess their faith, be anointed, and receive Holy Communion – the foretaste and pledge of eternal life. PLEASE don't wait until after the person is unconscious or so sedated that he or she cannot communicate. It is imperative with current situations, that there be enough time for Fr. to go through the appropriate protocol to visit the actively dying.

Dear Padre,

At Mass, why does the priest put a part of the consecrated host into the chalice?

The celebration of the Eucharist was known as “the breaking of the bread” in the Acts of the Apostles (2:42). “The gesture of breaking bread done by Christ at the Last Supper, which in apostolic times gave the entire Eucharistic Action its name, signifies that the many faithful are made one body (1 Corinthians 10:17) by receiving Communion from the one Bread of Life, which is Christ...” (*General Instruction of the Roman Missal*, 83). At Mass, bread is broken and wine is poured for Communion, just as the Body of Christ was broken and the Blood of Christ was poured out on the cross. In this fraction rite, we recognize Christ in “the breaking of the bread,” as did his disciples on the road to Emmaus (Luke 23:30–31).

After the fraction of the bread, the priest places a small piece of it into the chalice “to signify the unity of the Body and Blood of the Lord in the work of salvation, namely, of the Body of Jesus Christ, living and glorious” (*GIRM* 83). This rite is called the commingling.

While the *Agnus Dei* (“Lamb of God”) accompanies the fraction of the bread, the priest quietly recites a prayer of preparation for Communion “so that he may fruitfully receive the Body and Blood of Christ. The faithful do the same, praying silently” (*GIRM* 84). ●



WIDEORBIT/SHUTTERSTOCK

Fr. Byron Miller, CSsR / DearPadre.org



CNS SCREENSHOT / YOUTUBE

A WORD FROM POPE FRANCIS

Sisters and brothers, I am convinced that “the world can be seen more clearly from the peripheries.” We must listen to the peripheries, open the doors to them and allow them to participate. The suffering of the world is better understood alongside those who suffer.

**FOURTH WORLD MEETING OF POPULAR MOVEMENTS,
OCTOBER 16, 2021**

MONDAY

January 30
Weekday
Heb 11:32–40
Mk 5:1–20

TUESDAY

January 31
St. John Bosco, Priest
Heb 12:1–4
Mk 5:21–43

WEDNESDAY

February 1
Weekday
Heb 12:4–7, 11–15
Mk 6:1–6

THURSDAY

February 2
Presentation of the Lord
Mal 3:1–4
Heb 2:14–18
Lk 2:22–40 or
Lk 2:22–32

FRIDAY

February 3
Weekday
Heb 13:1–8
Mk 6:14–29

SATURDAY

February 4
Weekday
Heb 13:15–17,
20–21
Mk 6:30–34

SUNDAY

February 5
Fifth Sunday in Ordinary Time
Is 58:7–10
1 Cor 2:1–5
Mt 5:13–16

Timely topics viewed with a Catholic perspective

Catholic Update explores contemporary issues through the lens of Catholic teaching and traditions. Print and digital subscriptions! For more information, visit Liguori.org or call 800-325-9521.