



[Jesus said,] "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

JOHN 6:51



Food for the Day

FR. JOSEPH JUKNIALIS

Just as the darkest of nights brings out stars we might never notice otherwise, so is it that when we find ourselves lost in the dark of life's deserts, the slightest kindnesses can bring us to a brief oasis in a day otherwise oppressive. Most often such moments come as gifts, unearned—even undeserved. Yet they are blessings to us.

Psychologists tell us that if we find ourselves down in the dumps and depressed, we can find hope by naming three things that happened that day that were pure gifts—a phone call from a friend, a compliment, a free cup of coffee, a good bill of health from the doctor. Remembering them at the end of the day and giving thanks for them may not solve the issues that burden us, but they can put them in perspective, reminding us that life is a mix of both the good as well as the not so good.

Moses urged the people to recall all that God had done for them—bringing them out of Egypt, guiding them through the desert, leading them to water, and feeding them with manna. Amid their grumbling, their remembering offered them hope and the courage to go on.

Thus, what psychologists suggest is what God has been doing for us for thousands of years—that God feeds us daily in large and small ways, all without our deserving it but out of his great generosity. Remember, then, how God has fed you. ●

Reflect

Tonight, will you think about your day and give thanks for three ways you were blessed?

Sacred Heart Catholic Church

Fr. Sebastian Devasya, Pastor
P.O. Box 1310
507 Harrison St.
Princeton, WV 24740-1310
304-425-3664

JUNE 10 & 11, 2023

**CONFESSION: SATURDAY 3:00 - 3:30 AND BY APPOINTMENT ONLY,
PLEASE CALL THE CHURCH OFFICE
SUNDAY MASS IS AVAILABLE ON LIVESTREAM
www.facebook.com/sacredheartprinceton
[@shprinceton](https://www.instagram.com/shprinceton) • Instagram photos and videos
Office Hours: Mon - Thu 9 am - 2 pm**

Mass Intentions:

Saturday, June 10, 11am - **Confirmandi's** by Faith Formation
4 pm - † **Fannie & Antonio Constantino** by Virginia Manley
Sunday, June 11, 11am - **Zach Edmunds** by RCIA Team
Tuesday, June 13, 6pm - † **Fr. Luis Antonio Lacson** by Dumapit Family
Thursday, June 15, Noon - † **Deceased Members of Sacred Heart**
Saturday, June 17, 4pm - † **Deceased Members of Sacred Heart**
Sunday, June 18, 11am - **Fathers** by church

Upcoming Church Events

Sat, Jun 10, 11 am Confirmation

Sun, Jun 11, 11 am RCIA

Noon, Eucharistic Procession

Tue, Jun 13, 6:45 pm Parish Council Meeting

Fri, Jun 16, Noon, Feast of Sacred Heart

Sun, Jun 18, Father's Day

Fri, Jun 23, Silent Adoration (Bluefield)

Fri, Jun 30, Silent Adoration (Princeton)

Tue, Jul 4, Independence Day

Tue, Jul 11, 6:45 pm Parish Council Meeting

Tue, Jul 18, 6:30 pm Finance Council Meeting

Church Staff

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Newman Center: Paul Krause
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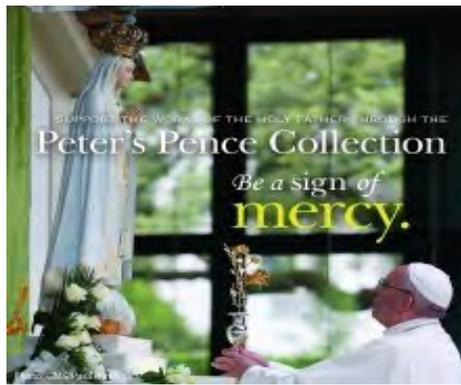


**CONGRATULATIONS ON RECEIVING
THE SACRAMENT OF CONFIRMATION**

*Kayley Carter, Brian Carter, Jameson Douglas,
Bryson Fanning, Gabriella Kaklis, Isabella Kaklis,
Margaret Rieger, Ashley Villanueva Joanna Williams,
Benjamin Williams, Wayne Wyatt*

SATURDAY | JUNE 10TH | 11:00 AM

*Thank You Catechist
JoAnn Gaspersich and Amy Williams*



Second Collection - June 11

Today is the Peter's Pence Collection, a worldwide collection that supports the work of the Universal Church, including the work of the Holy See and the charitable works of Pope Francis. Take this opportunity to join with Pope Francis and be a sign of mercy to our suffering brothers and sisters. Please be generous today.

For more information, visit www.obolodisanpietro.va/en.html



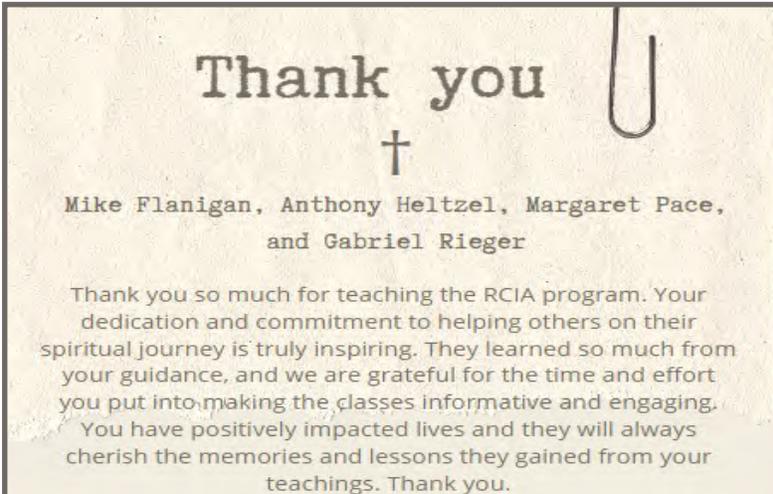
WELCOME!

Zachary Edmunds



Confirmed in the Holy Spirit *
Nourished by the Eucharist

JUNE 11, 2023
in full communion with the
Catholic Church



Thank you

+

**Mike Flanigan, Anthony Heltzel, Margaret Pace,
and Gabriel Rieger**

Thank you so much for teaching the RCIA program. Your dedication and commitment to helping others on their spiritual journey is truly inspiring. They learned so much from your guidance, and we are grateful for the time and effort you put into making the classes informative and engaging. You have positively impacted lives and they will always cherish the memories and lessons they gained from your teachings. Thank you.



Sending all prayers and our deepest condolences to Yvonne Suehs, whose brother Richard Johnson, passed away. May our Lord comfort and send you all of the angels and saints, peace to all who mourn, and may Richard rest eternally in the arms of Jesus and in the company of all the angels. and saints.



Schedule:

Faith Formation

Youth Sunday:

Youth Ministry:

Youth Activities: (please register your child if they will attend by contacting the church)

The Rosary Series: June 28, July 25 - 3:00 - 4:00 pm

Pray the Rosary - The Rosary Series focuses on the Mysteries of the Holy Rosary and how to pray the Rosary. This series has five activities: Pray the Rosary; Joyful Mysteries; Luminous Mysteries; Sorrowful Mysteries; and Glorious Mysteries. A patch can be earned for completion of each activity.

Faith Series: July 10, 18 - Noon - 1:00 pm

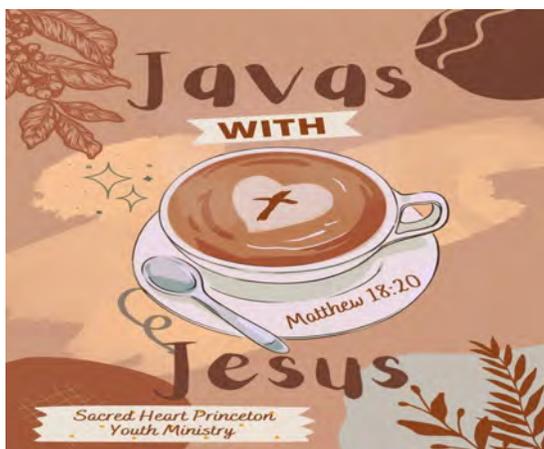
Eucharistic Adoration - Eucharistic Adoration is when Jesus, in the form of the Consecrated Host, is placed inside the Monstrance in a clear window for us to see. It is a special time of prayer before the Eucharistic presence of Jesus. Adoration is showing that we know God is truly God, our Savior, and the creator of everything that exists and that Jesus is truly present in the Eucharist.

Movie Day:

'Facing The Giants' July 13 - 2:00 pm - 4 pm

'Jonah: A Veggie Tales Movie' July 20 - 2:00 pm - 4 pm

Youth Ministry



Our teens are kicking off their Bible study nights
 Wednesday, June 14th
 from 6:30-8 at Starbucks.

Reach out to Lorin for details and to RSVP:
 540-529-6495.

Adult Faith Formation

Women's Prayer Group

Resumes June 15 at 10:15 am

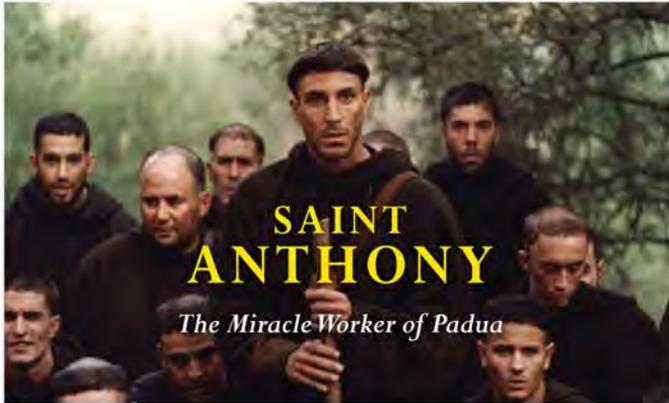
Men's Group

First and Third Thursday of the month at 10 am in the Narthex



Interested in RCIA ?

Contact Laura Wyatt at 304-425-3664 or lwyatt@sacredheartpinceton.org



FORMED® THE CATHOLIC FAITH. ON DEMAND.

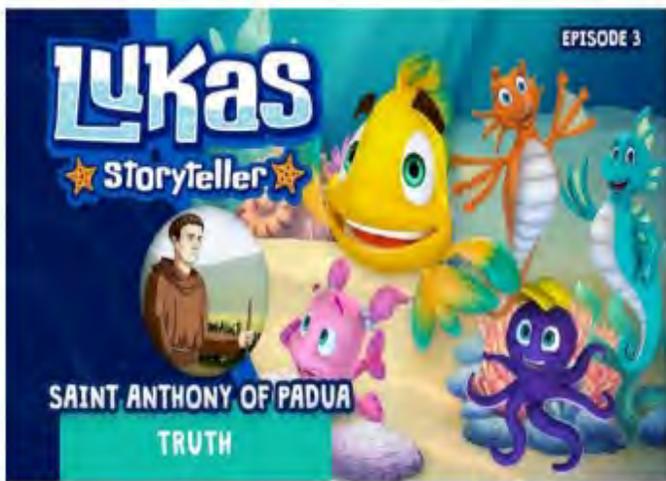
Saint Anthony: Miracle Worker of Padua

This beautiful Italian film depicts the life of St. Anthony of Padua, including his preaching, his love for the poor, and the wonders of his miracles. It will doubtless help you cultivate devotion to this beloved saint.

Our parish has a FORMED subscription. Visit formed.org/signup and select our parish. Scan the QR code to download the FORMED app to your phone.



An offering from the AUGUSTINE INSTITUTE and GRACIAS PRESS



FORMED® THE CATHOLIC FAITH. ON DEMAND.

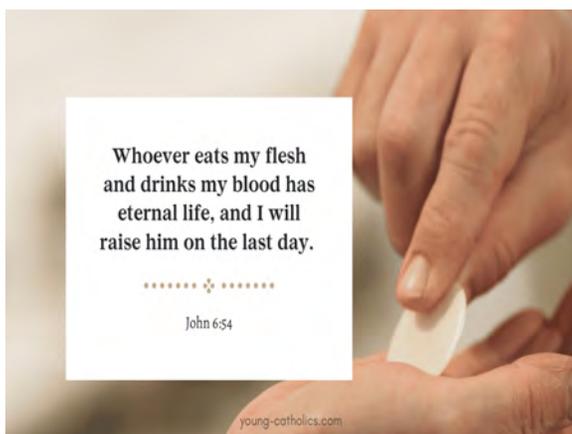
Saint Anthony of Padua | Lukas Storyteller

Don't worry about your children being exposed to unwholesome television content anymore! In this fun, family-friendly series, your children will learn important lessons, such as the value of honesty.

Our parish has a FORMED subscription. Visit formed.org/signup and select our parish. Scan the QR code to download the FORMED app to your phone.



An offering from the AUGUSTINE INSTITUTE and GRACIAS PRESS



Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day.

John 6:54

Reflection Questions for Corpus Christi Year A

- How can we cultivate a spirit of humility and gratitude in our daily lives, especially when things are going well?
- What role does humility play in your relationship with God? How can you work on staying humble and recognizing your dependence on God?
- How does the Eucharist create a sense of community and unity among believers? How can we maintain this sense of connection even when we are physically separated?
- How can you deepen your understanding of the Eucharist as a symbol of spiritual unity?
- What does it mean to approach the Eucharist with reverence and awe? How can we prepare ourselves spiritually to receive this sacrament?
- What are some ways in which you can approach the Eucharist with greater reverence and humility?
- How can you deepen your understanding of the mystery and power of the Eucharist?

Ref: [Corpus Christi Year A - Young Catholics \(young-catholics.com\)](https://www.young-catholics.com)



The Most Holy Trinity
Music for
June 10 & 11, 2023

Mass of Christ the Savior
Mass Readings on pg. 267
Word & Eucharist

Entrance: G910
"Shepherd of Souls"

Responsorial Psalm:
Praise the Lord, Jerusalem

Presentation of Gifts:
"Pants Angelus"

Communion: G950
"Take and Eat"

Closing Hymn: G635
"Let All Things Now Living"



Goal: \$19,510
Raised: \$11,365
Gifts: 31
58% of Goal

Offerings

	Weekend Jun 3-4	YTD Actual	YTD Budget
Envelopes	4,380.00	76,253.11	73,500.00
Loose Offertory	228.00	3,243.40	2,200.00
Total Contributions	\$4,608.00	\$ 79,496.51	\$ 75,700.00
Abel crisis center	115.00	285.00	250.00
Tender Mercies	320.00	1,070.00	1,500.00
Dioc: Peter's Pence	50.00	50.00	500.00
Attendance:	4pm: 48	11am: 93	

Parish Council

Deb LaMothe (Chair)	Vickie Blankenship
Harold Cofer	Gerry Cosgrove
Mike Flanigan	Renee Green
Anthony Heltzel	Zack Romano
Santina St. John	
Ad Hoc:	Gina Boggess
Kim Hickman	Laura Wyatt
Susie Pace	Lorin Albin

Finance Council

Charlie Pace (Chair)	Gina Boggess
Richard Flanigan	Kevin Garrett
Shelby Neri	Gene Richardson
Frank Sinicrope	Fred St. John
Kirt Suehs	
Ad Hoc:	Kim Hickman

June Ministry Schedule

DATE	Lector	Extraordinary Minister	Greeter	Video	Altar Server	Counter
10 4 pm	M Flanigan	<u>Bailey</u> T Settle C Pace	TBD	N/A	Byron	J Cosgrove
11 11am	D LaMothe	<u>G Richardson</u> M Flanigan L Wyatt	Wyatt	Picknally	Richardson	
17 4 pm	M Bacho	Manley Byron Bailey	F Bacho	N/A	Pace	J Choate
18 11 am	G Saffell	M Albin W Picknally G Cosgrove	J Hickman	K Hickman	Byron	
24 4 pm	M Jinio	C Pace Manley Bailey	J Gaspersich	N/A	Byron	T Settle
25 11 am	C Cofer	<u>A Heltzel</u> H Cofer J Cosgrove	Blankenship	Picknally	Shay	

Extraordinary Minister name underlined is minister of the bread.

Please include the following in your Daily Prayers

Parishioners:

Catherine Belcher
Ruth Boyd
Deloris Caccamo
Ron Ciccolini
Romulo DelaRosa
Dale & Mary Lu Geiger
Angie Grbac
Cynthia & Gordon Harmon
Cyndi Jones
Nancy Larkin

Valarie Laxton
Christina Laxton
Robert Laxton
Kaitlyn Laxton
Keith Laxton
Jim Lintz
Jim & Diane Luciano
Fr. Greg Lyttle
Jaelynn Mendoza
Annette Morgan

Dr. Jun Neri
Patricia Nester
Esther Piconi
Alan Rieger
Deborah Saffell
Jacob Santon
Gareth Settle
Felomina Yongque
Carrie Yurkovich
Jane Walthall



Friends and Family

.Linda Berghof (mother of Jackie Mercado)
Mary Berentes,
Lou Berentes (friend of Monica Mills)
John Bowers
John Caccamo (brother of Pat)
Rita Calhoun (Aunt of Tanya Marx)
Irene Charney
Regina Church (friend of Monica Mills)
Judy Clayton (sister of Loretta Lintz)
Linda Cunningham
Rachel Denton
Kimiko Fetro (friend of Bill Picknally)
David Frei & Mary Piper (son-in-law & daughter of Carrie Yurkovich)
Kyle Geiger
Mike Goff
Patricia Gupton (daughter of Jim Cosgrove)
Myles Harris
Velma Hartwell
Wylie Rae Henson (Kay Bailey's granddaughter)
Brenda Ivelise

Ruby Jones (Aunt of Rachel Colosi)
Langan Family
Lucas Llado (grandson of Maria Franco)
Richard Lockhart
John Mills (brother of Gary Mills)
Sandy Morefield (friend of Gaspersich family)
Tina Mullins (friend of Tanya Marx)
Wayne Mullins (brother of Delores Caccamo)
Carolyn Munther (mother of Lisa Black)
Susan Nelson (Bill Picknally's daughter),
Rex Neely
Agnes Sedi
Sherry Sisk
Bryan Staten
Agnes Tokarski (Bill Picknally's sister)
Jamie Willoughby (niece of Sharon Buttaci)
Richard Wentz (brother in law of Rick & Laura Wyatt)

In case of an emergency and a priest is needed, please call:

The Parish Office
(304) 425-3664

Bluefield Parish Office
(304) 327-5623

Kim Hickman
(304) 920-2440

In case of illness: Please call the parish office to let us know if you, a family member, or a parishioner is sick. We can place your name on the prayer list. If requested, Fr. Sebastian will arrange for distributing Holy Communion in the home.

Nursing homes, rehabilitation centers and anyone who is hospitalized are not permitted to contact the church. If someone you know is in the hospital, please call the church office.

In case of serious or life threatening sickness or the actively dying: The church should be contacted as soon as possible. People deserve the opportunity to confess their sins, profess their faith, be anointed, and receive Holy Communion – the foretaste and pledge of eternal life. PLEASE don't wait until after the person is unconscious or so sedated that he or she cannot communicate. It is imperative with current situations, that there be enough time for Fr. to go through the appropriate protocol to visit the actively dying.

Dear Padre,

I'm eighty-one. When I received first Communion, the nuns told me not to chew the holy Eucharist, but to let it melt in my mouth. Is it wrong to chew it?

It is permitted to chew the host or to let it dissolve in your mouth. The hosts today must be unleavened and made only of flour and water, making it easier for some communicants to dissolve it in their mouths. Unleavened bread doesn't mold or spoil and is more suitable than leavened bread for exposition and adoration. However, for nearly 800 years, the Church used leavened wheat bread for the Eucharist before unleavened wheat bread was introduced into the Roman rite. Communicants would have had to chew the Eucharist before the modern waferlike host evolved.

Your first Communion instruction on the proper way to consume the Eucharist was an effort to instill in you a deep reverence for the Real Presence of Christ. This profound respect for our Lord in the form of consecrated bread and wine is still desired by the Church. For example, at Mass the priest "reverently consumes the Body of Christ" and "reverently partakes of the Blood of Christ" (*General Instruction of the Roman Missal*, 158). Similarly, "when receiving Holy Communion, the communicant bows his or her head before the Sacrament as a gesture of reverence and receives the Body of the Lord from the minister" (*GIRM* 160). Today's Solemnity of the Most Holy Body and Blood of Christ is a special day for us to remember Jesus' gift of his own body that we might be nourished and strengthened for this life's journey. ●



CANEV / SHUTTERSTOCK

Fr. Byron Miller, CSsR / DearPadre.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
June 12	June 13	June 14	June 15	June 16	June 17	June 18
Weekday	St. Anthony of Padua, Priest and Doctor of the Church	Weekday	Weekday	Most Sacred Heart of Jesus	Immaculate Heart of the Blessed Virgin Mary	Eleventh Sunday In Ordinary Time
2 Cor 1:1-7 Mt 5:1-12	2 Cor 1:18-22 Mt 5:13-16	2 Cor 3:4-11 Mt 5:17-19	2 Cor 3:15-4:1, 3-6 Mt 5:20-26	Dt 7:6-11 1 Jn 4:7-16 Mt 11:25-30	2 Cor 5:14-21 Lk 2:41-51	Ex 19:2-6a Rom 5:6-11 Mt 9:36-10:8



A WORD FROM POPE FRANCIS

We who go to Mass can ask: What is it that we bring to the world? Is it our sadness and bitterness, or the joy of the Lord? Do we receive Holy Communion and then carry on complaining, criticizing and feeling sorry for ourselves? This does not improve anything, whereas the joy of the Lord can change lives.

HOMILY, ROME, JUNE 14, 2020

CNS PHOTO/PAUL HARING



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