

Sacred Heart

PO Box 1310, 507 Harrison St.
Princeton, WV 24740
304-425-3664

Confessions: Saturday 3:00 - 3:45 pm /
during Adoration
Sunday 10:30 - 11:00 am
and by appointment

Office Hours:
Mon - Thu 9 am - 2 pm

Pastor: Rev. Sebastian Devasya, V.E.


Mass Times: Saturday - 4:00 pm | Sunday - 11:00 am | Tuesday - 6:00 pm | Thursday - Noon | First Friday - Noon

Sunday Mass is livestreamed



[@shprinceton](https://www.facebook.com/sacredheartprinceton) • Instagram photos and videos

To our non-Catholic friends, we extend a warm invitation to for you to come forward and receive a Blessing when our Catholic brothers and sisters come forward to receive Holy Communion. Please come up to the Priest or Eucharistic Minister with your hands folded across your chest, so we will know that you wish to receive a Blessing. We are grateful for your presence.



Hope in Restoration

Bible Verse: "He restores my soul. He leads me in paths of righteousness for His name's sake." – Psalm 23:3

Restoration is a key part of God's promise to us. In times of brokenness, God promises to heal and restore us, renewing our strength and spirit.

Question for Reflection: In what areas of my life do I need God's restoration?

Mass Intentions:

Saturday	Mar 15	4 pm	Tristen Wyatt (Birthday)	by Laura & Rick Wyatt
Sunday	Mar 16	11 am	✠ Mary Jane Wheby Bowling	by William Joseph Bowling
Tuesday	Mar 18	6 pm	No Mass	
Thursday	Mar 20	Noon	✠ Delores Caccamo	by Cathy & Dickie Roberts
Saturday	Mar 22	4 pm	✠ Florencio Neri Sr.	by Delia Neri
Sunday	Mar 23	11 am	✠ Phillip Hale	by Gerry & Jim Cosgrove

Upcoming Events:

Fri	Mar 14	7:00 pm	Silhouette Stations of the Cross followed by Lenten Dinner
Sat	Mar 15	10:00 am	Baptismal Preparation Class
Sun	Mar 16	11:00 am	Youth Sunday
Wed	Mar 19	6:00 pm	Baptismal Preparation Class
Fri	Mar 21	Noon	Stations of the Cross
Fri	Mar 28	Noon	Stations of the Cross followed by Lenten Lunches
Fri	Apr 4	Noon	First Friday Mass - Stations of the Cross followed by Lenten Lunches
		4 pm	Knights of Columbus Fish Fry
		4 pm	Transformational Stations

SECOND SUNDAY OF

Lent

Dear Loving Brothers and Sisters in Christ,

As we enter the second week of Lent, I greet you in the peace of our Lord. As we reflect on our journey towards Easter, we are called to deepen our relationship with God and to prepare our hearts for the joy of the Resurrection. Let us reflect on the Scriptures for the Second Sunday of Lent. We are invited to consider how prayer can deepen our relationship with God and transform our lives.

The readings provide us with deep insights into trust in God, faith in His promises, and the transformative power of encountering His glory. Let us reflect on each reading and how it connects to the theme of prayer.

- **The First Reading** (Genesis 15:5-12, 17-18) presents the covenant God makes with Abram. God promises Abram that his descendants will be as numerous as the stars, even though Abram is childless and advanced in age. Despite his doubts, Abram trusts in God's word, and this trust is counted as righteousness. The promise of a future, known only to God, requires faith and prayer. God's covenant is an invitation to prayer, as we, too, are called to trust in God's plan for our lives, even when we do not fully understand it.
- **The Second Reading** (Philippians 3:17-4:1) calls us to focus on our citizenship in heaven, urging us to follow Paul's example of pressing on toward the goal of knowing Christ. Paul speaks of the surpassing worth of knowing Jesus, and how everything else is counted as loss. The invitation here is to focus on what truly matters — our relationship with Christ — and to seek Him in prayer and in all that we do. Paul's letter reminds us that prayer is the means by which we draw closer to Christ and begin to experience the joy of our heavenly calling.
- **The Gospel** (Luke 9:28b-36) recounts the Transfiguration of Jesus, where He is revealed in His divine glory to Peter, James, and John on the mountain. As they witness this stunning vision, the disciples are overwhelmed with awe and fear. God the Father speaks from the cloud, saying, "This is my chosen Son; listen to Him!" This moment of revelation is a call to prayer — an invitation to listen to Jesus, to encounter His glory, and to allow that encounter to transform us. The Transfiguration is a reminder that prayer is not only about asking for what we need, but also about listening, encountering, and being changed by God's presence.

I encourage you to embrace two powerful practices of prayer this Lent that can deepen your spiritual life:

1. **Eucharistic Adoration:** In the practice of Eucharistic Adoration, we spend time in prayer before the Blessed Sacrament. This is a powerful way to experience the presence of Jesus in the Eucharist. In the quiet, we can pour out our hearts to God, listen for His voice, and open ourselves to His love. Jesus is truly present, and in His presence, we are transformed. Eucharistic Adoration helps us grow in faith, love, and intimacy with God.
2. **Stations of the Cross:** Another deeply meaningful Lenten practice is the Stations of the Cross. This devotion allows us to walk with Jesus on His journey to Calvary, meditating on His suffering and death. As we reflect on His Passion, we are reminded of His love for us and His willingness to sacrifice everything for our salvation. The Stations invite us to pray more deeply and to recognize the ways in which Christ is present in our own suffering. This Lenten devotion brings us closer to Jesus and helps us to grow in compassion and love.

Lord Jesus,

We thank You for the gift of this Lenten season, a time to deepen our relationship with You through prayer. As we reflect on the Scriptures, we are reminded of the transformative power of encountering You and listening to Your voice. Help us to grow in our prayer life this Lent.

May we spend time in Eucharistic Adoration, resting in Your presence and listening for Your call. Guide us as we walk the Stations of the Cross, that we may grow in compassion and understanding of Your great love for us.

Lord, may our hearts be open to Your presence, and may our lives be transformed by the power of prayer. Strengthen our faith, that we may trust in Your promises as Abram did, and may we focus on the heavenly goal, as Paul urges us to do.

We ask this through Christ, our Lord. Amen.

May God bless you abundantly this Lent as you deepen your prayer life and draw closer to Him.

*In Christ's love,
Father Sebastian Devasya*

HOW WILL YOU FAST DURING LENT ?

STATIONS OF THE *CROSS*

March 14, 7 pm – Silhouette Stations of the Cross followed by Holy Communion – led by our Youth.

March 21, Noon, Stations of the Cross followed by Holy Communion led by the Knights of Columbus.

March 28, Noon, Stations of the Cross followed by Holy Communion – led by the Pastoral Council.

April 4, Noon – First Friday Mass & Stations of the Cross led by Altar Society

April 11, Noon – Stations of the Cross followed by Holy Communion – led by Anchor Prayer Group.



YOU ARE INVITED TO OUR:

LENTEN LUNCHES

EVERY FRIDAY AFTER
STATIONS OF THE CROSS
IN THE CHURCH HALL

You will be provided a booklet for each session

- lite lunch
- opening prayer & sharing
- reflection & sharing
- closing prayer

Are YOU prepared to protect God's Vulnerable?



Sacred Heart &
Diocese of
Wheeling -
Charleston

PROGRAM AND SERVICE OF
THE NATIONAL CATHOLIC RISK RETENTION GROUP, INC.

VIRTUS[®] Online



ANYTIME

www.virtusonline.com



THIS ONLINE PROGRAM IS REQUIRED FOR
ALL VOLUNTEERS IN THE DIOCESE OF
WHEELING CHARLESTON AND SACRED HEART

VIRTUS Requirements:

- yearly training video
- background check every 3 years
- Initial training documents
- Monthly training bulletins




Local VIRTUS Coordinator:

Kim Hickman, 304-920-2440
khickman@sacredheartprinceton.org

Away from me, all you who do evil, for the Lord has heard my weeping. The Lord has heard my cry for mercy; the Lord accepts my prayer.

All my enemies will be overwhelmed with shame and anguish; they will turn back and suddenly be put to shame.

Psalm 6

 CatholicLink



Limited Scholarships Available for Active High School Students from Princeton Sacred Heart

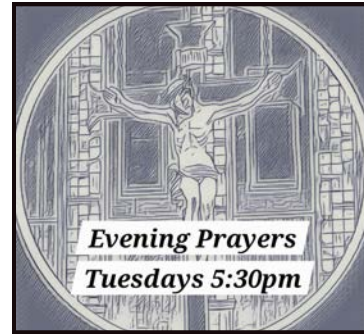
For those interested in the Jubilee of Hope pilgrimage to Italy – September 2nd -11th. Please contact Laura Wyatt at 304-425-3664 for more information.

Why do you want to make this pilgrimage? Explain why attending the Jubilee Pilgrimage to Italy is important to you. Consider reflecting on the opportunity to grow spiritually, deepen your connection to your faith, or how visiting sacred sites would impact your personal faith journey.

What does your faith mean to you? Describe the significance of your faith in your life. Think about how it shapes your daily actions, decisions, and values. Share any personal experiences where your faith has guided or supported you.

What activities are you involved in at our church? Provide information on the ways you actively contribute to your church community. This could include ministry involvement, volunteer work, attending Mass, participating in youth groups, or any other relevant activities demonstrating your commitment to your faith and the church.

NOTE: Please complete and submit your application to Laura Wyatt by April 1st. We look forward to reviewing it!



Sacred Heart invites you to join us in reciting the Evening Prayer on Tuesdays at 5:30 PM, just before the 6:00 PM Mass. Together, we will provide a guide to help you connect and engage.

Please be aware that on days when there is no daily Mass, we will not hold evening prayer.

Upcoming Baptismal Preparation Class:

This class is for all expecting parents and new parents preparing for the baptism of their child. Please contact church office at 304-425-3664 to inquire about scheduling your child's baptism.

Wednesday, **March 19** - Time: 6 pm - Location: Conference Room

Walking in Grief Support Group:

Struggling with grief? Join our parish's grief support group and find comfort in community. Join us on **March 26** at 5:30 pm in the Narthex.

Sending our prayers and our deepest condolences to the family of **Sandra Kaye Preservati** who passed away on March 5, 2025. May our Lord comfort and send you all of the angels and saints, peace to all who mourn, and may Mary rest eternally in the arms of Jesus and in the company of all the angels and saints.

Your Sacred Heart Family

OVERCOME the 7 DEADLY SINS	Lust Unrestrained sexual craving Be pure. Guard your heart. Give yourself a project, exercise when you're bored.	Gluttony To over-indulge, especially by over-eating Be moderate. Exercise regularly, avoid excess in eating and drinking.	Pride Inflated sense of one's accomplishments Be humble. You need God and others. Pray and serve.
	Sloth Laziness, lack of effort Be diligent. Have a schedule, don't let your life revolve around resting.	Wrath Uncontrolled feelings of hatred and anger Be patient. Moderate your emotions, take deep breaths before reacting.	Greed The excessive desire for material things Be generous. Donate something you like but don't need to the poor.

"BE HOLY IN ALL YOU DO" (1 PETER 1: 15)

CatholicLink

Religious Education Schedule of Events



Mar 14	Silhouette Stations by Youth Ministry church		7:00 pm
Mar 16	Faith Formation class Lenten Journey (Wilderness Within) Youth Sunday Children's Liturgy of the Word	classroom conference room	9:30 am Mass
Mar 17	OCIA	conference room	5:30 pm
Mar 23	Faith Formation class Lenten Journey (Wilderness Within)	classroom conference room	9:30 am
Mar 24	OCIA	conference room	5:30 pm
Mar 30	Women's Prayer Group WWP	conference room Narthex	10:15 am 6:30 pm

Faith Formation (K-5): Gospel Reflection

Luke 9:28b-36

Jesus journeys to a mountain with Peter, James, and John in this Sunday's Gospel. While praying, Jesus becomes transfigured. His glory shows through as the ancient Israelite leaders Moses and Elijah speak with him. Then the voice of God tells the Apostles that Jesus is his Son, "Listen to him."

Youth Ministry (MS/HS):

Join our Sunday morning Lent journey at 9:30 am.

Our next Youth Ministry night will be on the tentative date of March 23 at 5:30 pm. More details to follow.

"Wilderness Within"

During Lent we warmly invite you to join us every Sunday at 9:30 AM in the upstairs conference room, where we will explore the wilderness of your heart as a place to be explored.

Please feel free to come any Sunday that feels right for you, whether it's just one or all of them. We look forward to sharing the 40 days of Lent with you!

Children's Liturgy of the Word (K-5):

Our next C.L.O.W. is happening on **Mar 16**. Please encourage your child to join us for a fun and engaging time, where they'll hear the liturgy in a way that's just right for them. It's a wonderful opportunity for them to connect with Scripture in a kid-friendly way!

Walking with Purpose:

We're really excited to see all of you. Here's what we'll be diving into in our next chapters!

Opening Your Heart: Lesson 18/
Connect Coffee (Video)

Touching the Divine: Lesson 18/
Connect Coffee (Video)

POINT OF CONTACT

Faith Formation	Laura Wyatt
Adult Education	Laura Wyatt
OCIA	Laura Wyatt
Youth Ministry	Lorin Albin
Women's Prayer Group	Susie Pace
Men's Group	Jim Cosgrove Bill Picknally
Walking with Purpose (WWP)	KD Coleman Laura Wyatt

Woman's Prayer Group Thursday - 10:15 am

Mantra for the 2nd Week of Lent
"Deliver me, Lord, from death into life."
...from Praying with the Psalms

Read, Reflect, Discuss the Readings
Reading 1: Genesis 15:5-12, 17-18
Psalm 27

"The Lord is my light and my salvation."
Reading 2: Philippians 3:17-4:1
Gospel: Luke 9:28b-36

Order of Christian Initiation:

This week will discuss: **"Introduction to the Sacraments"** Our topic today is an overview of the sacraments. We'll talk a bit about their origins in the Bible and how they came to be celebrated as they are today. **Sacrament of Baptism:** We focus on the first of the three sacraments of initiation: baptism. Eucharist and confirmation are the other two.

For information please contact Laura Wyatt at 304-425-3664 or lw Wyatt@sacredheartprinceton.org

March Ministry Schedule

Date/Time	Lector	Extraordinary Minister	Greeter	Livesteam	Altar Server	Counter
Mar 15 4 pm	B. Schumacher	L. Pendleton - C. Pace - K. Bailey	C. Prox		T. Byron	
Mar 16 6 pm	K. Carter M. Reiger	H. Cofer - J. Lintz - L. Wyatt	Youth	Youth	E. Coleman A. Coleman A. Reiger	
Mar 22 4 pm	C. Jones	T. Marx - M. Marx - C. Pace	Bisaha Family		L. Kessinger	Settle
Mar 23 11 am	K. Roberts G. Saffel	K. Suehs - Y. Suehs - M. Flanigan	TBA	W. Picknally	Ja Flanigan Jo Flanigan	
Mar 29 4 pm	J. Gaspersich	C. Pace - L. Pendleton - L. Wyatt	C. Prox	n/a	T. Byron	S. Pace
Mar 30 11 am	A. Dumapit C. Cofer	M. Shay - Z. Romano - H. Cofer	TBA	W. Picknally	TBA	

Seder

A SALVATION HISTORY
TUESDAY, APRIL 15 - 6:30 PM

SIGN UP IS REQUIRED



Join us for a very special Seder Meal. Those gathered will engage in the rituals associated with the Passover meal Jesus shared with his disciples, the traditional foods and the meanings behind them will be presented, and an ancient song of deliverance will be sung. The meal will end with Holy Communion, pointing to the Lamb who has slain for us on the cross.

Vegan Burritos



Ingredients

- 1-1/2 cups water
- 1-1/2 cups uncooked instant brown rice
- 1 tablespoon olive oil
- 1 medium green pepper, diced
- 1/2 cup chopped onion
- 1 teaspoon minced garlic
- 1 tablespoon chili powder
- 1 teaspoon ground cumin
- 1/8 teaspoon crushed red pepper flakes
- 1 can (15 ounces) black beans, rinsed and drained
- 1 cup salsa
- 10 flour tortillas (8 inches), warmed
- Optional: Avocado slices, lime wedges, vegan sour cream and salsa

Directions

- In a small saucepan, bring water to a boil. Add rice. Return to a boil. Reduce heat; cover and simmer 5 minutes. Remove from heat. Let stand until water is absorbed, about 5 minutes.
- Meanwhile, in a large skillet, heat oil over medium-high heat. Add green pepper and onion; cook and stir until tender, 3-4 minutes. Add garlic; cook 1 minute longer. Stir in chili powder, cumin and red pepper flakes until combined. Add beans and rice; cook and stir until heated through, 4-6 minutes. Stir in salsa and remove from heat.
- Spoon about 1/2 cup filling off-center on each tortilla. Fold sides and ends over filling and roll up. Serve with optional toppings as desired.

Lent Fasting Ideas

Kids / Teen Fasting Ideas

- Give up a favorite toy or game
- Fast from social media for a day
- Give up a favorite snack
- Drink only water at school
- Give up a favorite chair at home or seat at school
- Go without headphones/air pods for a day
- Play your favorite game, focusing on helping others instead of winning
- Allow others to pass in front of you in the lunch line

General Ideas for Lenten Sacrifices

- Give up coffee (or only brew it at home)
- Give up alcohol
- Give up certain social media sites, or limited them to certain days/time of day
- Give up electronics after a certain time in the day (i.e., no screens after 8 p.m.)
- Sleep without a pillow
- Wake up without hitting the snooze button
- Shower without hot (with only lukewarm) water
- Keep the thermostat several degrees cooler
- Park in the back of the parking lot and say a prayer as you walk to the grocery store
- Abstain from reading gossip/rumor sites

Lent Prayer Ideas

Kids/Teen Prayer Ideas

- Pray on the way to school
- Play Guess the Saint each day
- Pick a relative each day and pray for that person
- Call a grandparent after church and discuss the Gospel/homily
- Go to bed five minutes early and spend extra time talking with God
- Research the name of your church and learn about its origins
- Pay special attention to the intercessions at Mass and choose one to pray for during the week
- Explore Hallow Kids
- Go to confession
- Research organizations that support Catholic youth like LifeTeen and National Federation for Catholic Youth Ministry

Adult Prayer Ideas

- Subscribe to a daily prayer newsletter (Notre Dame and the Jesuits both offer good options)
- Each morning, scroll through the contacts on your phone. Randomly stop and say a prayer for whichever person you land on
- Spend a few minutes with Scripture each day
- Start the Bible in Year podcast with Fr. Mike Schmitz on Hallow
- Attend daily Mass once a week
- Attend or pray the Stations of the Cross every Friday
- Invite a friend to attend Mass with you
- Join the Bible study group at church
- Attend Adoration of the Eucharist
- Go to confession
- Pray the Rosary once a day
- Pray the Daily Examen on Hallow
- Join Hallow's #Pray40 Lent Challenge

Please include the following in your Daily Prayers

Lorin Albin
 Bernadette Baer
 Margaret Bryan
 Ronnie Blankenship
 Matthew Bowles
 Pat Caccamo
 Raybeth Durham
 Fr. Chapin Engler
 Maria Franco
 Peggy Friedrichson
 Dr. Billy Garcia
 MaryLu Geiger
 Kyle Geiger
 Kylena Harless
 Johnathan Harding
 Kenna Johnston
 Patricia Gupton
 Wylie Rae Henson
 Nancy Larkin
 Jim Lintz
 Tanya Marx
 Lisa Mendoza
 Joshua Poorman
 Sara Poorman
 David Prox
 Teresa Settle
 Agnes Tokarski

	Mar 5, 9-10	YTD Actual	YTD Budget
Envelopes	4,813.00	38,856.70	37,000.00
Loose Offertory	276.25	1,982.20	2,080.00
Holy Day	1,610.73	2,486.73	1,500.00
Easter Flowers	90.00	190.00	1,000.00
Total Contributions	6,789.98	43,515.63	41,580.00
Abel crisis center	5.00	165.00	125.00
Tender Mercies	150.00	475.00	750.00
DWC: Dioc Priest Retire Fund	50.00	50.00	1,000.00
Attendance: Ash Wed	Noon: 105	6pm: 145	
Attendance weekend:	4pm: 66	11am: 130	



To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. To report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please notify civil authorities first and then please contact the Diocese at 888.434.6237 or 304.233.0880.

Music for
 March 15 & 16, 2025
 Mass of Remembrance

Mass Readings Year C
 on pg. 584
 Word & Eucharist

Entrance: G475
 "Tree of Life"

Responsorial Psalm 27
 The Lord is my Light and my Salvation

Presentation of Gifts: G691
 "On Eagles Wings"
 Communion: G681
 "We Remember"
 Closing Hymn: G606
 "Glory and Praise to Our God"

STAFF

Pastor: Fr. Sebastian Devasya
 sdevasya@dwc.org

Office Manager: Kim Hickman
 khickman@sacredheartprinceton.org

Secretary: Laura Wyatt
 lwyatt@sacredheartprinceton.org

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 lwyatt@sacredheartprinceton.org

Pastoral Ministries & Anchor
 Prayer Group: Gina Boggess
 gina@sacredheartprinceton.org

Youth Ministry: Lorin Albin
 lorinjalbin@gmail.com

In case of emergency and priest is needed, please call:

The Princeton Parish Office
 (304) 425-3664

Bluefield Parish Office
 (304) 327-5623

Kim Hickman
 (304) 920-2440

In case of illness: Please call the parish office to let us know if you, a family member, or a parishioner is sick. We can place your name on the prayer list. If requested, Fr. Sebastian will arrange for distributing Holy Communion in the home.

Nursing homes, rehabilitation centers and anyone who is hospitalized are not permitted to contact the church. If someone you know is in the hospital, please call the church office.

In case of serious or life threatening sickness or the actively dying: The church should be contacted as soon as possible. People deserve the opportunity to confess their sins, profess their faith, be anointed, and receive Holy Communion – the foretaste and pledge of eternal life. PLEASE don't wait until after the person is unconscious or so sedated that he or she cannot communicate. It is imperative with current situations, that there be enough time for Fr. to go through the appropriate protocol to visit the actively dying.