

Sacred Heart

PO Box 1310, 507 Harrison St.
Princeton, WV 24740
304-425-3664

Confessions: Saturday 3:00 - 3:45 pm /
during Adoration
Sunday 10:30 - 11:00 am
and by appointment

Office Hours:
Mon - Thu 9 am - 2 pm

Pastor: Rev. Sebastian Devasya, V.E.


Mass Times: Saturday - 4:00 pm | Sunday - 11:00 am | Tuesday - 6:00 pm | Thursday - Noon | First Friday - Noon

Sunday Mass is livestreamed



[@shprinceton](https://www.facebook.com/sacredheartprinceton) • Instagram photos and videos

To our non-Catholic friends, we extend a warm invitation to for you to come forward and receive a Blessing when our Catholic brothers and sisters come forward to receive Holy Communion. Please come up to the Priest or Eucharistic Minister with your hands folded across your chest, so we will know that you wish to receive a Blessing. We are grateful for your presence.



Hope in God's Love

Bible Verse: "For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord." – Romans 8:38-39

God's love is the bedrock of our hope. It is unshakeable and unchanging, no matter what life may bring.

Question for Reflection: How does God's love inspire hope in my daily life?

Mass Intentions:

Saturday	Mar 22	4 pm	✝ Florencio Neri Sr.	by Delia Neri
Sunday	Mar 23	11 am	✝ Phillip Hale	by Gerry & Jim Cosgrove
Tuesday	Mar 25	6 pm	No Mass	
Thursday	Mar 27	Noon	✝ N.E. Santon	by Jacinda Santon Smith
Saturday	Mar 29	4 pm	✝ Antonio & Fannie Constantino	by Virginia Manley
Sunday	Mar 30	11 am	✝ Dr. Waldro Buenafe	by Tess Byron

Upcoming Events:

Fri	Mar 21	Noon	Stations of the Cross
Tue	Mar 25	5:30 pm	Walking in Grief Support group
Fri	Mar 28	Noon	Stations of the Cross followed by Lenten Lunches
Fri	Apr 4	Noon	First Friday Mass - Stations of the Cross followed by Lenten Lunches
		4 pm	Transformational Stations
		5 pm	Knights of Columbus Fish Fry
Tue	Apr 8	6 pm	Penance Service - Princeton
Wed	Apr 9	6 pm	Penance Service - Bluefield
Fri	Apr 11	Noon	Stations of the Cross followed by Lenten Lunches
Sun	Apr 13	11 am	Palm Sunday

THIRD SUNDAY OF *Lent*

Dear beloved Sacred Heart Family,

Grace and peace to you on this Third Sunday of Lent! As we approach the midpoint of our Lenten journey, we are called deeper into reflection and renewal. This is a season of penance, prayer, fasting, and charity, a time to purify our hearts and draw closer to God in preparation for the joyful celebration of Easter.

Today, we celebrate the First Scrutiny in the Order of Christian Initiation for Adults (OCIA). The scrutinies are an important part of the Lenten season, particularly for those preparing for baptism at Easter. These rites examine the lives of the catechumens, inviting them to turn away from sin and embrace the light of Christ. Through these scrutinies, we are reminded of the importance of self-reflection, repentance, and deepening our commitment to God.

In the Gospel reading for the third Sunday of Lent, we hear the story of Jesus' encounter with the Samaritan woman at the well (John 4:5-42). This conversation exemplifies the need for spiritual thirst to be quenched by the living water of Christ. It is in Christ that we find our true fulfillment, just as the woman at the well was invited to recognize her most profound need and find satisfaction in Him. As we fast and examine our lives during Lent, we, too, are invited to drink deeply from the well of Christ's mercy and grace.

Fasting is the second of Lent's three pillars. It is a discipline that nurtures both the body and the soul. Through fasting, we remove the distractions and excesses that often keep us from God. Fasting isn't simply about abstaining from food or pleasures; it is a spiritual practice that deepens our dependence on God. As Jesus said in Matthew 4:4, "Man does not live on bread alone, but on every word that comes from the mouth of God." Fasting is also a way of aligning our bodies with our spiritual goals. It helps to purify us, breaking our attachments to things that distract us from Christ. When we deny ourselves, we are more attuned to the needs of others and more aware of God's presence in our lives. Fasting with a sincere heart becomes a form of prayer and sacrifice that leads us to holiness.

As Catholics, abstaining from meat on Fridays during Lent is a tradition connecting us to Christ's passion. Jesus' sacrifice on the cross is the ultimate act of love and self-giving. By abstaining from meat, we participate in this act of self-denial, remembering Christ's ultimate sacrifice for our salvation. The Church calls us to abstain from meat on Fridays during Lent to offer up a small sacrifice in recognition of the tremendous sacrifice Jesus made for us. It is a small act that reminds us of the need to die for our desires and live for Christ. It also serves as a reminder of the suffering and death that Christ endured for us, helping us grow in gratitude and love. Consider joining us each Friday after Stations of the Cross for a meatless meal in the parish hall. By joining together for a meager meal, we share in the spirit of simplicity and solidarity, abstaining from the luxury of rich foods as a way of growing closer to God and each other. We will also have a brief Lenten reflection to inspire our hearts and minds in this time of fasting and abstinence. Let us remember that fasting is not just about denying ourselves, but it is an opportunity to open our hearts to prayer, charity, and spiritual growth.

Fasting is not limited to food alone. It can be an opportunity to detach from anything that hinders our relationship with God. Here are a few ways you might fast during this season:

1. **Fast from unhealthy attachments:** Consider fasting from social media, excessive entertainment, or other distractions that take up time and energy better spent in prayer, reflection, and acts of charity.
2. **Fast from negativity:** Let go of critical or judgmental thoughts and cultivate a spirit of kindness and patience.

Reflection Questions

1. What is something you are overly attached to in your life and need to fast from to grow closer to God?
2. How can fasting help you deepen your relationship with Christ during this Lenten season?

Lord Jesus,

We thank You for the grace of this Lenten season.

Help us to fast from food and all that separates us from You.

Through our self-denial, may we grow in charity, humility, and love.

As we walk with You on this journey, open our hearts to the living water that You offer so that we may be refreshed and made whole.

May our sacrifices unite us more closely with You and with one another, as we prepare to celebrate Your glorious resurrection.

We ask this in Your holy name, Amen.

May God bless each of you and strengthen you on your Lenten journey.

In Christ's peace,
Father Sebastian

HOW WILL YOU FAST DURING LENT ?

Seder

A SALVATION HISTORY
TUESDAY, APRIL 15 - 6:30 PM

SIGN UP IS REQUIRED



Join us for a very special Seder Meal. Those gathered will engage in the rituals associated with the Passover meal Jesus shared with his disciples, the traditional foods and the meanings behind them will be presented, and an ancient song of deliverance will be sung. The meal will end with Holy Communion, pointing to the Lamb who has slain for us on the cross.

50th Anniversary of Ordination

With praise and gratitude to God
please join us as

Fr. T. Mathew Rowgh

Celebrates a Mass of Thanksgiving

Sunday, April 27, 2025
10:30 A.M.

Saint Agnes Catholic Church
200 South Duke Street
Shepherdstown, West Virginia 25443

A reception to follow on the parish grounds.

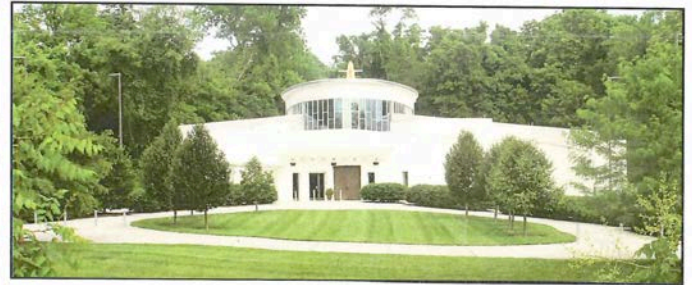
Please RSVP for the reception by April 18,

office@stagnesshepherdstown.org

OR

304-876-6436

You're invited



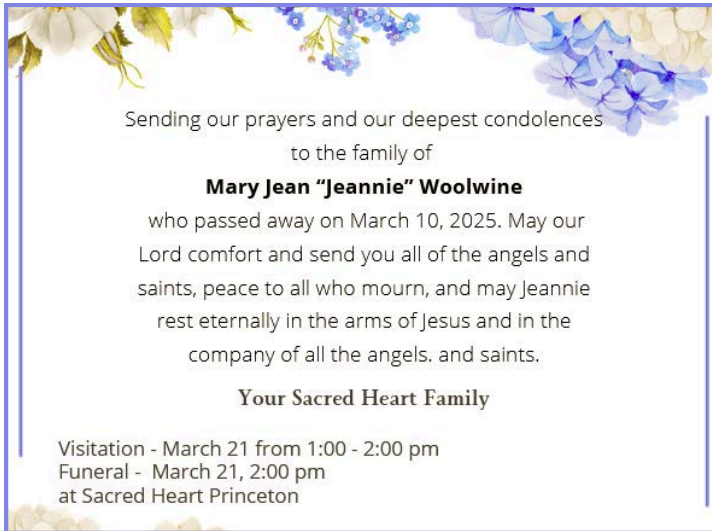
Friday - April 4
4:00 pm - 7:00 pm - Church
**Transformational
Stations**

EXPERIENCING JESUS PASSION

Join us on a transformative journey through different stations to experience the emotions and events that Jesus went through. You can walk this journey at your own pace or alongside others. Read and contemplate the corresponding scripture to be inspired by His strength and resilience.

As You walk through the church you will experience the:

Painful Thorns
Nail of Sin
The Bitter Vinegar
Distracting Dice
Remember Me
The New Covenant
The Light of the World



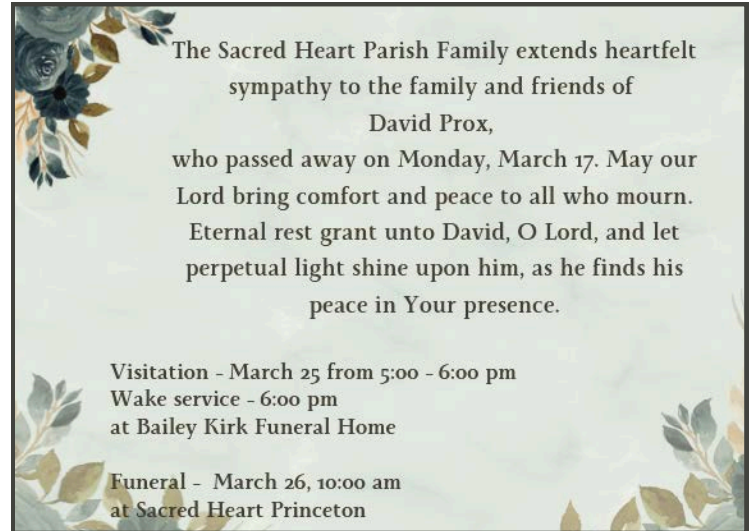
Sending our prayers and our deepest condolences to the family of

Mary Jean "Jeannie" Woolwine

who passed away on March 10, 2025. May our Lord comfort and send you all of the angels and saints, peace to all who mourn, and may Jeannie rest eternally in the arms of Jesus and in the company of all the angels, and saints.

Your Sacred Heart Family

Visitation - March 21 from 1:00 - 2:00 pm
 Funeral - March 21, 2:00 pm
 at Sacred Heart Princeton



The Sacred Heart Parish Family extends heartfelt sympathy to the family and friends of

David Prox,

who passed away on Monday, March 17. May our Lord bring comfort and peace to all who mourn. Eternal rest grant unto David, O Lord, and let perpetual light shine upon him, as he finds his peace in Your presence.

Visitation - March 25 from 5:00 - 6:00 pm
 Wake service - 6:00 pm
 at Bailey Kirk Funeral Home

Funeral - March 26, 10:00 am
 at Sacred Heart Princeton

Upcoming Baptismal Preparation Class:

This class is for all expecting parents and new parents preparing for the baptism of their child. Please contact church office at 304-425-3664 to inquire about scheduling your child's baptism.

Wednesday, **March 19** - Time: 6 pm -
 Location: Conference Room



Walking in Grief Support Group:

Struggling with grief? Join our parish's grief support group and find comfort in community. Join us on, Tuesday, **March 25** at 5:30 pm in the Narthex.



Sacred Heart invites you to join us in reciting the Evening Prayer on Tuesdays at 5:30 PM, just before the 6:00 PM Mass. Together, we will provide a guide to help you connect and engage.

Please be aware that on days when there is no daily Mass, we will not hold evening prayer.



FATHER SEBASTIAN DEVASYA
HOLY YEAR ITALY PILGRIMAGE

Florence | Siena
 Assisi | Rome

Limited Scholarships Available for Active High School Students from Princeton Sacred Heart

For those interested in the Jubilee of Hope pilgrimage to Italy – September 2nd -11th. Please contact Laura Wyatt at 304-425-3664 for more information.

Why do you want to make this pilgrimage? Explain why attending the Jubilee Pilgrimage to Italy is important to you. Consider reflecting on the opportunity to grow spiritually, deepen your connection to your faith, or how visiting sacred sites would impact your personal faith journey.

What does your faith mean to you? Describe the significance of your faith in your life. Think about how it shapes your daily actions, decisions, and values. Share any personal experiences where your faith has guided or supported you.

What activities are you involved in at our church? Provide information on the ways you actively contribute to your church community. This could include ministry involvement, volunteer work, attending Mass, participating in youth groups, or any other relevant activities demonstrating your commitment to your faith and the church.

NOTE: Please complete and submit your application to Laura Wyatt by **April 1st**. We look forward to reviewing it!

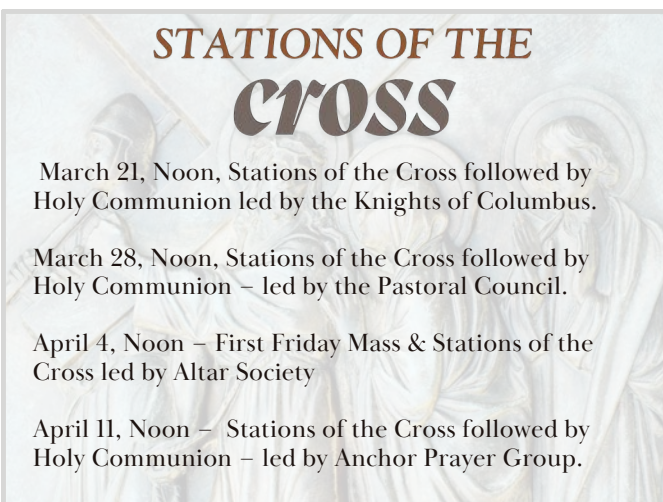


YOU ARE INVITED TO OUR:

LENTEN LUNCHES

EVERY FRIDAY AFTER STATIONS OF THE CROSS IN THE CHURCH HALL

You will be provided a booklet for each session



STATIONS OF THE CROSS

March 21, Noon, Stations of the Cross followed by Holy Communion led by the Knights of Columbus.

March 28, Noon, Stations of the Cross followed by Holy Communion – led by the Pastoral Council.

April 4, Noon – First Friday Mass & Stations of the Cross led by Altar Society

April 11, Noon – Stations of the Cross followed by Holy Communion – led by Anchor Prayer Group.



Religious Education Schedule of Events

Mar 23	Faith Formation class Lenten Journey (Wilderness Within)	classroom conference room	9:30 am
Mar 24	OCIA	conference room	5:30 pm
Mar 27	Women's Prayer Group WWP	conference room Narthex	10:00 am 6:30 pm
Mar 30	Faith Formation class Lenten Journey (Wilderness Within)	classroom conference room	9:30 am
Mar 31	OCIA	conference room	5:30 pm
Apr 3	Women's Prayer Group Men's Group WWP	conference room Narthex Narthex	10:00 am 10:00 am 6:30 pm

Faith Formation (K-5):

What are "Alms"?

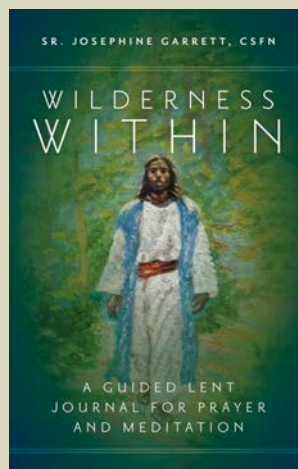
Well, according to the [Online Etymology Dictionary](#), the word alms has its origins in an ancient Greek word, eleos, meaning "pity, mercy"—or, in a slightly different form, "compassionate." Today, the word is used almost exclusively in the context of a religious obligation. "Giving alms to the poor is one of the chief witnesses to fraternal charity: it is also a work of justice pleasing to God."

Youth Ministry (MS/HS):

Join our Sunday morning Lent journey at 9:30 am. Our next Youth Ministry night will be on the tentative date of March 23 at 5:30 pm. More details to follow.

POINT OF CONTACT

Faith Formation	Laura Wyatt
Adult Education	Laura Wyatt
OCIA	Laura Wyatt
Youth Ministry	Lorin Albin
Women's Prayer Group	Susie Pace
Men's Group	Jim Cosgrove Bill Picknally
Walking with Purpose (WWP)	KD Coleman Laura Wyatt



"Wilderness Within"

During Lent we warmly invite you to join us every Sunday at 9:30 AM in the upstairs conference room, where we will explore the wilderness of your heart as a place to be explored.

Please feel free to come any Sunday that feels right for you, whether it's just one or all of them. We look forward to sharing the 40 days of Lent with you!

Woman's Prayer Group Thursday - 10:15 am

Mantra for the 3rd Week of Lent
"Shepherd me, O Lord,
in the truth of your word."
...from Praying with the Psalms

Read, Reflect, Discuss the Readings
Saturday readings: Third Sunday of Lent
Year C (pp 588-589) Word & Eucharist
Sunday readings: Third Sunday of Lent,
Year A - (pp 214-215 Word & Eucharist)

Walking with Purpose:

We're really excited to see all of you. Here's what we'll be diving into in our next chapters!

Opening Your Heart: Lesson 18/
Connect Coffee (Video)

Touching the Divine: Lesson 18/
Connect Coffee (Video)

Order of Christian Initiation:

This week will will discuss: **"Introduction to the Sacraments"** Our topic today is an overview of the sacraments. We'll talk a bit about their origins in the Bible and how they came to be celebrated as they are today. **Sacrament of Baptism:** We focus on the first of the three sacraments of initiation: baptism. Eucharist and confirmation are the other two.

For information please contact Laura Wyatt at 304-425-3664 or lw Wyatt@sacredheartprinceton.org

March Ministry Schedule

Date/Time	Lector	Extraordinary Minister	Greeter	Livesteam	Altar Server	Counter
Mar 22 4 pm	C. Jones	T. Marx - M. Marx - C. Pace	Bisaha Family		L Kessinger	Settle
Mar 23 11 am	K. Roberts G. Saffel	K. Suehs - Y. Suehs - M. Flanigan	TBA	W. Picknally	Ja Flanigan Jo Flanigan	
Mar 29 4 pm	J. Gaspersich	C. Pace - L. Pendleton - L. Wyatt	C. Prox	n/a	T. Byron	S. Pace
Mar 30 11 am	A. Dumapit C. Cofer	M. Shay - Z. Romano - H. Cofer	TBA	W. Picknally	TBA	

**Are YOU
prepared
to protect
God's
Vulnerable?**



Sacred Heart &
Diocese of
Wheeling -
Charleston

PROGRAM AND SERVICE OF
THE NATIONAL CATHOLIC RISK RETENTION GROUP, INC.

VIRTUS[®]Online



ANYTIME

www.virtusonline.com



THIS ONLINE PROGRAM IS REQUIRED FOR
ALL VOLUNTEERS IN THE DIOCESE OF
WHEELING CHARLESTON AND SACRED HEART

VIRTUS Requirements:

- yearly training video
- Initial training documents
- background check every 3 years
- Monthly training bulletins



Local VIRTUS Coordinator:

Kim Hickman, 304-920-2440
khickman@sacredheartprinceton.org

Veggie Enchiladas



Ingredients

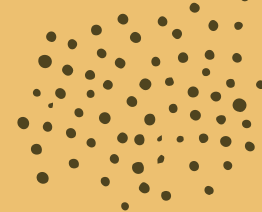
- 3 medium zucchini, quartered lengthwise and sliced
- 1 poblano pepper, seeded and chopped
- 8 ounces sliced fresh mushrooms
- 8 ounces cherry tomatoes
- 1 tablespoon olive oil
- 1 teaspoon ground cumin
- 1/2 teaspoon salt
- 1/4 teaspoon cayenne pepper
- 2 cups shredded Monterey Jack cheese
- 1 cup crumbled queso fresco or feta cheese, divided
- 1/2 cup minced fresh cilantro, divided
- 2 tablespoons lime juice
- 14 corn tortillas (6 inches), warmed
- 1 can (15 ounces) enchilada sauce

Directions

- Preheat oven to 400°. In a large bowl, combine zucchini, poblano, mushrooms and tomatoes; drizzle with oil and sprinkle with cumin, salt and cayenne. Toss to coat. Divide vegetable mixture between 2 lightly greased 15x10x1-in. baking pans. Roast 15 minutes; rotate the pans top to bottom. Roast an additional 10 minutes or until the vegetables are tender. Return to bowl and cool slightly.
- Stir in Monterey Jack cheese, 1/2 cup queso fresco, 1/4 cup cilantro and lime juice. Place a scant 1/2 cup vegetable mixture off center on each tortilla. Roll up and place in a greased 13x9-in. baking dish, seam side down. Top with enchilada sauce; sprinkle with the remaining queso fresco.
- Bake, uncovered, until the enchiladas are heated through and cheese is melted, about 20 minutes. Top with remaining cilantro.



Knights of Columbus FISH FRY



**PURCHASE YOUR
TICKET
FROM A KNIGHT**

SAVE THE DATE

**FRIDAY, APRIL 4
5 - 7 PM
CHURCH HALL**



**\$12
FISH, FRIES,
COLESLAW, DESSERT,
AND DRINK**

CARRY OUT AVAILABLE



Sacred Heart
Catholic Church
Princeton, WV

Please include the following in your Daily Prayers

Lorin Albin
 Bernadette Baer
 Margaret Bryan
 Ronnie Blankenship
 Matthew Bowles
 Pat Caccamo
 Maria Franco
 Peggy Friedrichson
 Dr. Billy Garcia
 MaryLu Geiger
 Kyle Geiger
 Kylene Harless
 Johnathan Harding
 Kenna Johnston
 Patricia Gupton
 Wylie Rae Henson
 Nancy Larkin
 Jim Lintz
 Tanya Marx
 Lisa Mendoza
 Joshua Poorman
 Sara Poorman
 David Prox
 Teresa Settle
 Lee Schrage
 Agnes Tokarski

	weekend March 15-16	YTD Actual	YTD Budget
Envelopes	2,007.00	40,989.70	42,250.00
Loose Offertory	273.00	2,255.20	2,500.00
Flowers	625.00	815.00	1,000.00
Total Contributions	<u>\$2,905.00</u>	<u>\$44,059.90</u>	<u>\$45,750.00</u>
DWC: Diocesan Priest Retirement Fund	20.00	70.00	1,000.00
Attendance:	4pm: 49	11am: 154	



To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. To report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please notify civil authorities first and then please contact the Diocese at 888.434.6237 or 304.233.0880.

Music for
 March 22 & 23 2025
 Mass of Remembrance

Mass Readings Year C
 on pg. 214
 Word & Eucharist

Entrance: G475
 "Tree of Life"

Responsorial Psalm 95
 The Lord is my Light and my Salvation

Presentation of Gifts: G584

"Come to the Water"
 Communion: G484
 "Hosea"
 Closing Hymn: G487
 "Again We Keep This Solemn Feast"

STAFF

Pastor: Fr. Sebastian Devasya
 sdevasya@dwc.org

Office Manager: Kim Hickman
 khickman@sacredheartprinceton.org

Secretary: Laura Wyatt
 lwyatt@sacredheartprinceton.org

Religious Education: Laura Wyatt
 lwyatt@sacredheartprinceton.org

Pastoral Ministries & Anchor
 Prayer Group: Gina Boggess
 gina@sacredheartprinceton.org

Youth Ministry: Lorin Albin
 lorinjalbin@gmail.com

In case of emergency and priest is needed, please call:

The Princeton Parish Office
 (304) 425-3664

Bluefield Parish Office
 (304) 327-5623

Kim Hickman
 (304) 920-2440

In case of Illness: Please call the parish office to let us know if you, a family member, or a parishioner is sick. We can place your name on the prayer list. If requested, Fr. Sebastian will arrange for distributing Holy Communion in the home.

Nursing homes, rehabilitation centers and anyone who is hospitalized are not permitted to contact the church. If someone you know is in the hospital, please call the church office.

In case of serious or life threatening sickness or the actively dying: The church should be contacted as soon as possible. People deserve the opportunity to confess their sins, profess their faith, be anointed, and receive Holy Communion – the foretaste and pledge of eternal life. PLEASE don't wait until after the person is unconscious or so sedated that he or she cannot communicate. It is imperative with current situations, that there be enough time for Fr. to go through the appropriate protocol to visit the actively dying.



March 12, 2025

Dear Parishioners of Sacred Heart Princeton,

In compliance with the Policy of the Diocese of Wheeling- Charleston, please find a copy of the 2024 Operating Account Financial Statement.

As we have continued to do over the last several years, the attached Financial Statement reflects the church is operating with a negative cash flow causing us to withdraw from our savings to pay our normal and recurring bills. This trend cannot continue indefinitely and therefore, we request that you examine your personal financial condition and, if possible, consider increasing your weekly giving level.

We thank you for all you have given and done for the church during the 2024 year. If you have any questions regarding the finances of your church, please contact Charlie Pace, our Finance Council Chairman or Kim Hickman.

Sincerely,

Fr. Sebastian Devasya

Charlie Pace, Finance Council Chairman

Gina Boggess

Kevin Garrett

Shelby Neri

Gene Richardson

Bob Schumacher

Frank Sinicrope

Fred St. John

Kirt Suehs

Sacred Heart Catholic Church Operating Account

January - December, 2024

Income

10001 Envelopes	186,136.00	
10002 Loose Offertory	15,435.23	
10003 a Flowers	2,120.00	
10003 b Holy Days	8,437.00	
10003 c Maintenance	1,955.00	
Total 10005 Offerings & Contributions		214,083.23
Total 10006- 10016 Other Income		8,438.12
20021 Drawn from Reserve Fund, Oliver Estate		12,000.00
20023b CSA (distribution from Diocese)		9,913.00
20023e Faith Form/Vac Bible school		10,665.00
20023 Mommy Ministry	3,100.00	
20023 Abel Crisis Center	650.00	
20023 Tender Mercies	2,180.00	
Total 20023f Non-Diocesan Collections		5,930.00
20023g Memorial Contributions/ Bereavement		10,130.00
20024 Diocesan Subsidy		8,000.00
Total 21041 DIOCESAN COLLECTIONS		15,603.00

Total Income

\$294,762.35

Expenses

Total 30101-30108 All Salary Expenses		116,512.10
30110 Rectory Food and Supplies		3,311.14
30111 Transportation		136.25
Total 30112 Office Expense		12,248.69
Total 30113 Liturgical Expenses(non-Wages)		5,962.39
Total 30116 Faith Formation, OCIA, Youth Ministry		28,529.56
30119 Social Concerns	4,758.42	
Mommy Ministry	5,433.83	
Total 30119 Social Concerns		10,192.25
Total 30120 Other Program Expenses		5,749.11
Total 30121 Utilities		36,772.43
30123 Insurance Expense		17,548.00
Total 30124 Maintenance and Repairs		14,231.82
30125 Equipment & Furnishings <\$5000		7,905.76
30131 Diocesan Collection Payments		15,603.00
30132 Cathedraticum		4,051.46
30133 PHRA Assessment		8,102.93
Total 30134-7 Other Expenses		7,576.79
30139 Cost of Benefits (Fund Raisers)		460.00
30141 Other Rental Prop. Expenses		5,779.94

Total Expenses

\$300,673.62

Net Operating Loss

\$ (5,911.27)