

**March 2 & 3, 2024**

**Sunday Mass is livestreamed**

**Office Hours:**  
Mon - Thu 9 am - 2 pm

**3rd Sunday in  
Lent**



## **Sacred Heart Catholic Church**

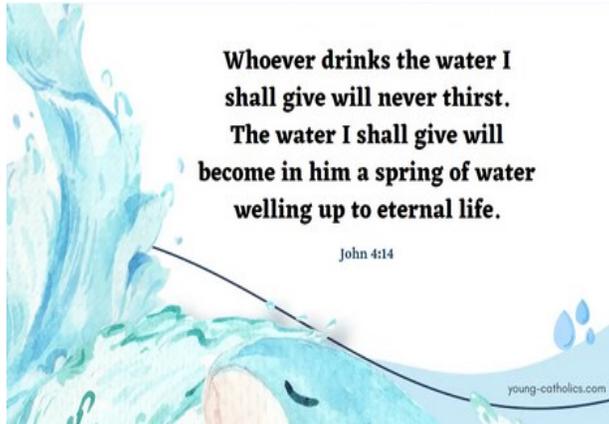
**PO Box 1310, 507 Harrison St. Princeton, WV 24740**

**304-425-3664**

**Confessions: Saturday 3:00 - 3:30 pm and by  
appointment  
Saturday 3:00 - 3:30 pm**

[www.facebook.com/sacredheartprinceton](http://www.facebook.com/sacredheartprinceton)  
(@shprinceton) • Instagram photos and videos

## **OPEN TO TRANSFORMATION**



*Like the Samaritan woman, we are called to encounter Jesus in our own lives, to open our hearts to his love and transformation, and to share that love and transformation with others. This encounter with Jesus can take many forms, such as through prayer, the sacraments, reading scripture, or acts of service and charity. However we encounter Jesus, we are called to let that encounter transform us, to let it change our hearts and our lives, and to share that transformation with others.*

*As we reflect on this Gospel reading for the 3rd Sunday of Lent Year A, we are reminded of the power and beauty of encountering Jesus, and of the call to be messengers of his love and salvation to a hurting world. May we be open to encountering Jesus in our own lives, and may we be empowered by his love to share that love with others.*

Ref: <https://young-catholics.com/9062/march-2024-mass-readings-and-resources/>

### **Mass Intentions:**

Friday, Mar 1, Noon -  
✠ **Florencio Neri Sr.**  
By Delia Neri

Saturday, Mar 2, 4pm -  
✠ **Loring & Stella Albin**  
By Albin Family

Sunday, Mar 3, 11am -  
✠ **Loretta & Joseph Scarpati**  
by Mary Ann & John Shay

Tuesday, Mar 5, 6pm -  
✠ **Bill Tooley**  
By Dr's Victor & Christina  
Trinidad

Thursday, Mar 7, Noon -  
✠ **Souls in Purgatory**  
By Maria Franco

Saturday, Mar 9, 4pm -  
✠ **Catherine Kaminski**  
By Joe Kamenski

Sunday, Mar 10, 11am -  
**People of the Parish**

### **Upcoming Events:**

Mar 1, Noon First Friday Mass followed by Stations of the Cross (led by Anchor Prayer Group).

Sat, Mar 2, 8:00 am Family Retreat by Missionary Sisters

Tue, Mar 5, 6:00 pm Lenten Penance Service (Princeton)

Tue, Mar 6, 6:00 pm Lenten Penance Service (Bluefield)

Mar 8, Noon Stations of the Cross (led by Altar Society group)

Sat, Mar 9, 9:00 am Father/Son Retreat by Missionary Sisters

Sun, Mar 10, 4:00 pm Lenten Program by Daniel Maul

Tue, Mar 12, 6:45 pm Parish Council

Fri, Mar 15, 7:00 pm Stations of the Cross (Silhouettes led by Youth Ministry)

Sun, Mar 17, 1:00 pm Hunger Challenge

Fri, Mar 22, 5:00 - 7:00 pm Fish Fry

### **Staff**

**Pastor:** Fr. Sebastian Devasya  
sdevasya@dwc.org

**Office Manager:** Kim Hickman  
khickman@sacredheartprinceton.org

**Secretary:** Laura Wyatt  
lwyatt@sacredheartprinceton.org

**Religious Education:** Laura Wyatt  
lwyatt@sacredheartprinceton.org

**Pastoral Ministries:** Gina Boggess -  
gboggess@sacredheartprinceton.org

**Youth Ministry:** Lorin Albin  
lorinjalbin@gmail.com

THIRD SUNDAY OF

# Lent

Dear Brothers and Sisters in Christ,

As we approach the third week of Lent, the readings for this Sunday bring us a message of hope, forgiveness, and the promise of salvation. We will also reflect upon the third pillar of Lent: the importance of almsgiving.

In the first reading from Exodus, we hear of the Ten Commandments, which remind us of the importance of living a just and righteous life. In the second reading, Paul preaches Christ crucified to the Corinthians. We are called to reflect on the power of the cross and the sacrifice that Christ made for our salvation. In the Gospel reading from John, Jesus drives out the moneychangers from the Temple and says that he will destroy the temple and raise it up again. Jesus' cleansing of the temple is also a symbol of the purification of the heart. As Christians, we are called to strive for purity of heart, which means being mindful of our thoughts, words, and actions and ensuring they align with God's will. We also see the importance of the temple as a place of worship and prayer. As Catholics, we believe that Jesus is present in the Eucharist and that we enter into God's presence every time we participate in Mass. The Gospel reading reminds us of the significance of the Eucharist and the importance of approaching it with reverence and awe. This also ties in with the first reading, reminding us to keep the Sabbath holy.

As we continue our journey through Lent, we are called to practice almsgiving, one of the three pillars of our Lenten observances. This practice involves giving generously to those in need and supporting charitable causes. We can give during Lent in various ways, such as donating money to a charity or volunteering our time to help those in need. The Lenten call to almsgiving means making other people's needs our own. One of the central lessons of the cross is compassion; the heavy burdens we carry help us to appreciate the suffering in others. Sharing our material goods is often just the beginning of honest Christian giving. We are also called to share our time tending to people in need.

Let us pray that we may have the strength and courage to give generously to those around us. May we be mindful of the less fortunate and find ways to alleviate their suffering. May we also be grateful for the blessings in our lives and use them to bring joy and comfort to others.

Yours in Christ,  
Fr. Sebastian

HOW WILL YOU PRACTICE ALMSGIVING DURING LENT ?

March 2-3, 2024  
**DID YOU KNOW?**  
Diocese of Wheeling-Charleston

**Praying in Unison  
The Sign of Peace**

**PRAYING IN UNISON  
(Sung or Spoken)**

**Maintain a standing prayerful posture.**

When assuming a prayerful standing posture the body is upright with prayer hands above the waist (hands should not be draped over the pew rail).



There are times during Holy Mass when we stand. It is the times we stand to sing, speak and pray together that we will review today.

At the beginning of Mass we make the **Sign of the Cross**.

**Penitential Prayer:**

after “what I have failed to do” – strike your breast three times as you say *through my fault, through my fault, through my most grievous fault;*

**Kyrie** (sung or spoken)

**Gloria** (sung or spoken)

**Responsorial Psalm** (sung or spoken)

**Nicene Creed**

...after ‘he came down from heaven to including became man’ all bow (bow from the waist).

The **Lord’s Prayer** (most of the time spoken)

**Lamb of God** (sung or spoken)

**Lord, I am not worthy** (spoken)

At the close of Mass we make a **Sign of the Cross**

**Next weekend:  
Sitting – Kneeling - Silence**

**SIGN OF PEACE** +Mark E. Brennan,  
Bishop of Wheeling-Charleston, March 1,  
2023

Another part of our sacred liturgy that has been deeply affected by the COVID-19 pandemic is the Sign of Peace. If you recall, prior to the pandemic we were encouraged to greet those around us with a handshake or a gentle embrace. I have decided to allow both “tactile” and “non-tactile” gestures. This is also a timely opportunity to catechize the faithful on the liturgical meaning of this moment within the liturgy. Remind the assembly that this is not a time for “Hello, how are you doing?” or “Good morning!” Rather we are bestowing one another with the Peace of Christ. In the Gospel of John (14:27), Jesus makes it clear that the peace that he bestows on us, that we in turn share with one another, is not as the world gives. *The Church tells us that “It is appropriate that each person, in a sober manner, offer the sign of peace only to those nearest to them”* (GIRM, #82).

Note: The Sign of Peace is **NOT** the “V” sign across the Church. It is the ‘PEACE OF CHRIST – the peace that the world cannot give.’ It should either be a nod “Peace be with you” or shake hands or a gentle embrace. (Bernadette McMasters Kime. Ph.D, D. Min, Director Office of Worship and Sacraments, DWC)

**THIS IS APPROPRIATE** - while saying  
“Peace be with you”.

**Nod of head  
or  
Shake hands  
or  
Gentle embrace**

**NOT THIS**





February 25

**Eucharistic Reflection: The Gift:**

At the Mass of the Lord's Supper celebrated on Holy Thursday, the priest prays these words:

For he is the true and eternal Priest, who instituted the pattern of an everlasting sacrifice and was the first to offer himself as the saving Victim, commanding us to make this offering as his memorial. As we eat his flesh that was sacrificed for us, we are made strong, and, as we drink his Blood that was poured out for us, we are washed clean.

The words of the liturgy on the night the Church commemorates the institution of the Eucharist speak to us of the Mass as the re-presentation of Christ's unique sacrifice on the Cross, the reception of Christ truly present in the Sacrament of the Eucharist, and the marvelous effects of communion in those who receive gift.<sup>6</sup>

Ref: 6 See *Roman Missal*, Prayer over the Offerings for Holy Thursday/Second Sunday in Ordinary Time: "Grant us, O Lord, we pray, that we may participate worthily in these mysteries, for whenever the memorial of this sacrifice is celebrated the work of our redemption is accomplished. Through Christ our Lord."

support our parish




donate today

learn more at [sacredheartprinceton.org](http://sacredheartprinceton.org)

## Stations of the Cross

**March 1, Noon** – First Friday Mass followed by Stations of the Cross – led by Anchor Prayer Group.

**March 8, Noon** – Stations of the Cross followed by Holy Communion – led by the Altar Society.

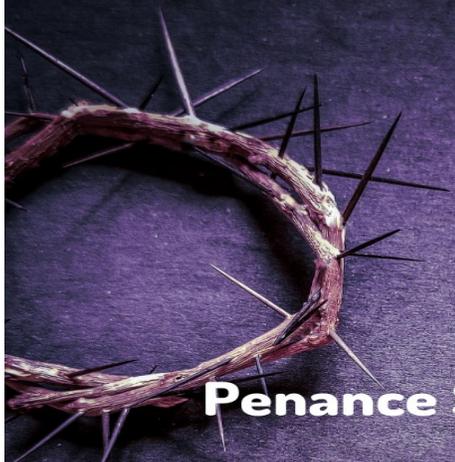
**March 15, 7 pm** – Silhouette Stations of the Cross followed by Holy Communion – led by our Youth.

**March 22, 7 pm** – Stations of the Cross followed by Holy Communion – led by RCIA.

**Second Collection - Mar 2 & 3 Priests' Health and Retirement Association (PHRA) Collection** A special second collection is scheduled for March 2-3, 2024, to support the Priests' Health and Retirement Association (PHRA), a fund that provides health insurance and retirement benefits to retired priests of the Diocese of Wheeling-Charleston. Please take a moment to reflect on the many years of service by our priests and how we can take this opportunity to thank them in a very particular way with a gift to the PHRA collection.

*To our non-Catholic friends, we extend a warm invitation to for you to come forward and receive a Blessing when our Catholic brothers and sisters come forward to receive Holy Communion.*

*Please come up to the Priest or Eucharistic Minister with your hands folded across your chest, so we will know that you wish to receive a Blessing. We are*



Lent  
**Penance Service**

*Sacred Heart*

Princeton March 5 6 pm	Bluefield March 6 6 pm
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## Religious Ed Schedule of Events

- Mar 3, 10, 17, 24 - **Faith Formation** | Class
- Mar 3, 10, 17, 24 - **OCIA** | Class
- Mar 3 - **YM** | 5:00 pm YM Night
- Mar 7 - **Women's Prayer group** | 10:15 am Conf. room  
**Men's Group** | 10:15 am Narthex  
**Bible Study** | 1:00 pm Narthex  
**WWP** | 7:00 pm ZOOM
- Mar 14 - **Women's Prayer group** | 10:15 am Conf. room  
**Bible Study** | 1:00 pm  
**WWP** | 7:00 pm ZOOM
- Mar 15 - **YM** | 7:00 pm Stations of the Cross (Silhouettes)
- Mar 17 - **YM** | 1:00 pm Hunger Challenge Johnston Chapel
- Mar 21 - **Women's Prayer group** | 10:15 am Conf. room  
**Men's Group** | 10:15 am Narthex  
**Bible Study** | 1:00 pm Narthex  
**WWP** | 7:00 pm ZOOM
- Mar 22 - **OCIA** | 7:00 pm Transformational Stations

**Youth Ministry** - Contact Lorin Albin  
**Faith Formation** - Contact Laura Wyatt  
**OCIA** - Contact Laura Wyatt  
**Women's Prayer Group** - Contact Susie Pace  
**Men's Group** - Contact Jim Cosgrove or Bill Picknally  
**Walking with Purpose (WWP)** - Contact Laura Wyatt or KD Coleman  
**Adult Education** - Contact Laura Wyatt  
**Bible Study** - Contact Srs. Alexandra or Teresita

### This Week on Formed - Liturgical Living | Catholic All Year at Home w/ Kendra Tierney

Join the Tierney family as they celebrate the feast of Saint Frances of Rome, patroness of homemaking! Learn about practicing the corporal works of mercy in the home, the very Catholic Lenten history of pretzels and beer, and watch Kendra and three-year-old Barbara make something they like to call "trash can soup." Find this episode's feature recipes and more about liturgical living in the home at Catholic All Year. <https://catholicallyear.com/at-home/>.



<https://watch.formed.org/videos/st-frances-of-rome-catholic-all-year-at-home-w-kendra-tierney>

## Religious Education

### Order of Christian Initiation of Adults (OCIA)

**Mar 3** - Sacrament of the Eucharist

In our topic The Eucharist we celebrate today has its origins in the Last Supper, which Jesus celebrated with his friends on the night before he died.

### Walking with Purpose (WWP)

**Lesson 13** - How Can I Conquer My Fears?

Join us March 7 @ 7 pm  
 Invite a Friend!



**Laetare Sunday:** The fourth Sunday of Lent marks the halfway point between Ash Wednesday and Easter. Rose-colored vestments may be worn in place of the normal purple, in honor of the word "laetare," or "be joyful," which comes from the Introit at Mass. In addition, the "golden rose" is traditionally blessed on this Sunday. The golden rose is a gold ornament, blessed by the pope during Mass and later given as a sign of reverence or affection to churches, governments or individuals. No one knows exactly when the custom began, but Pope Leo IX talked about it in 1051. No individual has been given a golden rose since the 1960s.

#### Faith Formation (Lent Quiz)

1. What Irish saint's feast day takes place during Lent?  
**St. Patrick**
2. On what Sunday during Lent does the priest bless palms?  
**Palm Sunday**
3. What event in the life of Jesus do the palms recall for us?  
**The entrance into Jerusalem**

#### Youth Ministry

Our next YM night will be on Mar 3, will be Youth Ministry night. More information will be sent out prior to event.

#### Woman's Prayer Group meets Thursday at 10:15 am.

Our Lenten Journey with...  
**"Made for HEAVEN" - Week Three** by Fr Augstino Torres, CFR

*"Who was that person who spoke to you about God? What would have happened if somebody hadn't spoken to your heart about God? What would your life be like without God? ... God can speak through any one of us. There are people around you who are longing to hear that there are rivers of living water to quench their thirst."*

## How To Give Alms This Lent Catholic

# How To Give Alms This Lent

- ✓ VOLUNTEER YOUR TIME
- ✓ CLEAN OUT YOUR PANTRY AND GIVE ITEMS TO A FOODBANK
- ✓ MAKE A MEAL FOR A NEIGHBOR OR FAMILY IN NEED
- ✓ SACRIFICE A TREAT (COFFEE, DESSERT) AND GIVE THAT MONEY TO THE POOR
- ✓ MAKE BAGS OF TOILETRY ITEMS TO GIVE TO THE HOMELESS
- ✓ GIVE AWAY AN OUTFIT OR ITEM YOU STILL REALLY LIKE! (AND OTHERS YOU NO LONGER USE)

 CatholicLink

Quick idea for a Friday meal?

## Pineapple Shrimp Tacos

### Ingredients

- 1 pound uncooked shrimp (26-30 per pound), peeled and deveined
- 3 teaspoons olive oil, divided
- 1 large sweet orange pepper, sliced
- 1 large sweet red pepper, sliced
- 1 small onion, halved and sliced
- 1 cup pineapple tidbits
- 1 envelope fajita seasoning mix
- 1/3 cup water
- 8 corn tortillas (6 inches), warmed
- 1/2 cup crumbled Cotija or shredded mozzarella cheese
- 8 large romaine lettuce leaves



1. Cook shrimp in 2 teaspoons oil in a large cast-iron or other heavy skillet over medium heat until shrimp turn pink, 4-6 minutes. Remove and keep warm.

2. In the same skillet, saute the peppers, onion and pineapple in remaining oil until vegetables are tender. Add seasoning mix and the water. Bring to a boil; cook and stir for 2 minutes. Return shrimp to the skillet; heat through. Spoon mixture onto tortillas; top with cheese. Wrap lettuce around tortillas to serve.

Ref: <https://www.tasteofhome.com/recipes/pineapple-shrimp-tacos/>

*Father and Son Event*  *Evento de Padre e Hijo*




Marzo/March 9th  
507 Harrison Street  
Princeton, WV 24740  
8:am to 2:00 pm

Let us Know you're coming!  
(304) 890-3386

Joseph was a just man, a tireless worker, the upright guardian of those entrusted to his care. May he always guard, protect and enlighten families.  
John Paul II



**Sacred Heart**  
Catholic Church



Mision Beckley WestVirginia

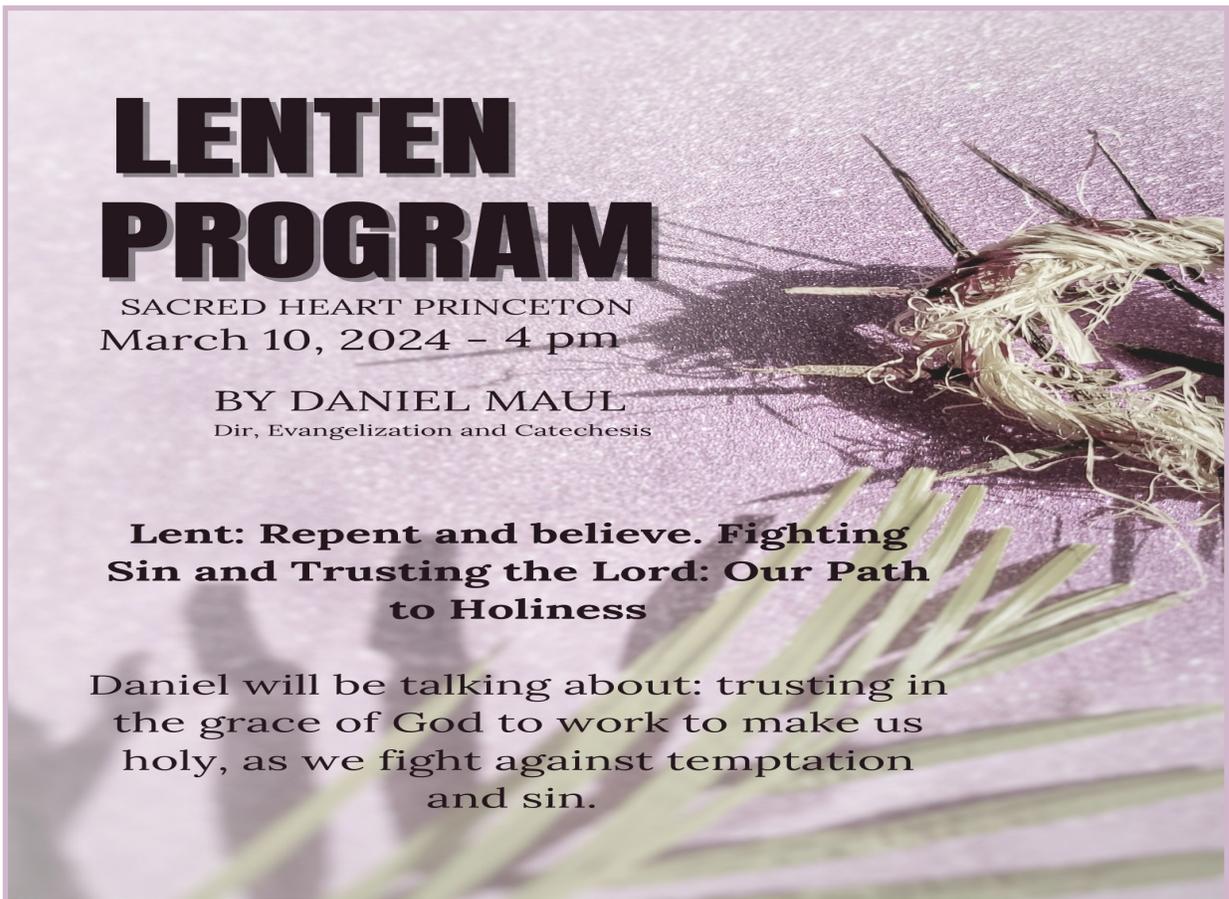
# LENTEN PROGRAM

SACRED HEART PRINCETON  
March 10, 2024 - 4 pm

BY DANIEL MAUL  
Dir, Evangelization and Catechesis

**Lent: Repent and believe. Fighting Sin and Trusting the Lord: Our Path to Holiness**

Daniel will be talking about: trusting in the grace of God to work to make us holy, as we fight against temptation and sin.



**In case of an emergency and a priest is needed, please call:**

- The Princeton Parish Office  
(304) 425-3664
- Bluefield Parish Office  
(304) 327-5623
- Kim Hickman  
(304) 920-2440

**In case of illness:** Please call the parish office to let us know if you, a family member, or a parishioner is sick. We can place your name on the prayer list. If requested, Fr. Sebastian will arrange for distributing Holy Communion in the home.

**Nursing homes, rehabilitation centers and anyone who is hospitalized** are not

permitted to contact the church. If someone you know is in the hospital, please call the church office.

**In case of serious or life threatening sickness or the actively dying:** The church should be contacted as soon as possible. People deserve the opportunity to confess their sins, profess their faith, be anointed, and receive Holy Communion – the foretaste and pledge of eternal life. PLEASE don't wait until after the person is unconscious or so sedated that he or she cannot communicate. It is imperative with current situations, that there be enough time for Fr. to go through the appropriate protocol to visit the actively dying.

**Please include the following in your Daily Prayers**

George	Bowling	Jim	Lintz
Margaret	Bryan	Richard	Lockhart
Peggy	Friedrickson	Jeanne	Mancuso
Dale	Geiger	Tanya	Marx
MaryLu	Greiger	Angie	Pendleton
Kyle	Geiger	Vivian	Romano
Johnathan	Harding	Agnes	Tokarski
Kimiko	Houser	Richard	Wentz
Angie	Grbac		
Patricia	Gupton		
Wylie Rae	Henson		
Nancy	Larkin		



**Music for  
March 2 & 3, 2024  
Mass of Christ the  
Savior**

Mass Readings on pg.  
213  
Word & Eucharist

Entrance: G475  
"Tree of Life"

Responsorial Psalm 95:  
If Today You Hear God's Voice,  
harden not Your Heart

Presentation of Gifts: G484  
"Hosea"

Communion: G642  
"What Wondrous Love"

Closing Hymn: G479  
"Lord, Who Throughout These  
Forty Days"

**Weekly Collections**

	weekend Feb 24-25	YTD Actual	YTD Budget
Envelopes	4,522.00	30,298.00	29,000.00
Loose Offertory	201.00	1,677.68	1,800.00
Flowers	560.00	840.00	0.00
Maintenance	10.00	6,475.00	500.00
Total Contributions	\$ 5,293.00	\$ 39,290.68	\$ 31,300.00
Votive Candles	82.62	82.62	0.00
Tender Mercies	20.00	25.00	0.00
Attendance:	4pm: 56	9am: 140	

**March Ministry Schedule**

Date/Time	Lector	Extraordinary Minister	Greeter	Livestream	Altar Server	Counter
2 4pm	J. Gaspersich	K. Bailey V. Manley C. Pace	TBA	n/a	T. Byron	S. Pace
3 11 am	G. Saffell L. Wyatt (Scrutiny)	Z. Romano B. Barrett G. Richardson	Hillyer's	W. Picknally	B. Fanning	
9 4pm	B. Schumacher	V. Manley T. Byron K. Bailey	TBA	n/a	L. Kessinger	J. Cosgrove
10 11am	G. Boggess L. Wyatt (Scrutiny)	J. Cosgrove K. Suehs Y. Suehs	Blankenship's	W. Picknally	Ja Flanigan Jo Flanigan	
16 4pm	M. Tinio	TBA	J. Gaspersich	n/a	C. Pace	N/A
17 11am	B Fanning L. Wyatt (Scrutiny)	W. Picknally L. Wyatt G. Cosgrove	J. Verespie A. Verespie	K. Carter	A Albin BJ Carter	