



Forgive and Forget?

FR. JOSEPH JUKNIALIS

Terry Anderson was an American reporter in Lebanon when he was abducted by terrorists in 1985. He was held captive by them until his release in 1991. After his release he was asked if he forgave his captors. His response? “I’m a Christian and a Catholic, and it’s really required of me that I forgive, no matter how hard that may be.”

It’s been said that forgiveness is the most difficult thing we have to do, simply because all too often we do not feel like forgiving. Nor is forgiveness about overlooking the injury as if to say, “Oh, that’s OK. Don’t worry about it.” Forgiveness may not even mean being able to be nice. Sometimes the pain may be too much. Forgiveness as Jesus lived it is a choice one makes to care about the other. It is the gift of wanting what is best for the other even at times in the midst of our own pain. “Forgive and forget” is not always possible. At times the pain not only lingers but also throbs as if the wound continues to ooze and weep. Then we cannot forget. Yet it is possible to make the choice to care.

What do we do if we cannot even bring ourselves to do that much? Perhaps then we can at least ask God to bring goodness into that person’s life. And if that seems too difficult, then ask God to do what we cannot. That simple choice may very well be the seed that eventually sprouts into healing and peace in our own spirit. ●

Reflect

When have you been able to forgive even though memory of the pain lingered?



Peter...asked him, “Lord, if my brother sins against me, how often must I forgive him? As many as seven times?”

MATTHEW 18:21

September 16 & 17,
2023

Sunday Mass is livestreamed

Office Hours:
Mon - Thu 9 am - 2 pm

Sacred Heart Catholic Church

Very Rev. Sebastian Devasya, Assoc. V.E., V.F., Pastor

PO Box 1310

507 Harrison St. Princeton, WV 24740

304-425-3664

Confessions: Saturday 3:00 - 3:30 pm and by appointment

One Bread/One Body/ One Church

www.facebook.com/sacredheartprinceton Sacred Heart
Princeton (@shprinceton) • Instagram photos and videos

Upcoming Events:

Fri, Sep 15, 6:00 pm Silent Eucharistic Adoration

Sun, Sep 17, After Mass Altar Society Pulled Pork Dinner

Catechetical Sunday

Sep 18 & 19, Fr. Sebastian at Presbyteral council

Fri, Sep 29, 6:00 pm Silent Eucharistic Adoration

Fri, Oct 6, First Friday Mass at Noon

Oct 9-13 - Fr. Sebastian OOT

Fri, Oct 13, 6:00 pm Silent Eucharistic Adoration

Sun, Oct 15, 5:00 pm The Harpa Dei Choir at St. John the Evangelist

Tue, Oct 31, 5:00 pm Trunk or Treat

Mass Intentions:

Saturday, Sep 16, 4pm - ✠ **Esther Piconi** by Loretta Hammond

Sunday, Sep 17, 11am - ✠ **Antonio Torres** by parish

Tuesday, Sep 19, 6pm - **Available**

Thursday, Sep 21, Noon - **Available**

Saturday, Sep 23, 4pm - **Available**

Sunday, Sep 24, 11am - ✠ **Esther Picconi** by John & Mary Choate

If you are in search of
a **caregiver** for your
loved one, please reach
out to
Annie Myers at
304-888-6172

***Maui Wildfires 2023
- Relief, Recovery
and Rebuild***

<https://dwc.org/>
(if you would like to donate)



Register for Religious
Education by scanning
the QR code

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khickman@sacredheartprinceton.org

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Youth Ministry: Lorin Albin
lorin@sacredheartprinceton.org

Newman Center: Paul Krause
pkrause@dwc.org

Welcome! Our catechists are overjoyed for the opportunity to serve the families of Sacred Heart Parish this 2023–24 school year. Welcome to all the families returning for another year, welcome to those families that have been away from the program for a while, and welcome to all brand-new families joining our program for the first time!

Each year, the Catholic Church in United States designates the third Sunday in September as “Catechetical Sunday” a day on which we celebrate and pray for the church’s mission to teach the gospel to all people. As we celebrate a new beginning, the beginning of a new catechetical year, let us open our hearts, open our minds to God’s word, to His son Jesus Christ, to the Holy Spirit, and to one another.

This year’s theme is: “Come to me all you who labor and are burdened.” With these words from the Gospel (Matthew 11:28), the Lord Jesus offers an invitation to follow Him and the promise that He doesn’t want to add to our burdens; he wants to lighten them. This theme reminds us that the object of all catechesis is Jesus himself. The role of the Catechist is, first, to be a disciple - one who draws close and rests in Jesus - and then to be a witness to others and a companion as they too come to know Jesus.

Our catechists will strive to make their time spent with the children as interesting an inspiring as possible. They will do their best to teach the lessons, to pray with students, and to involve the students in activities that will build their faith.

We believe faith formation to be a continuous lifelong process, and that the parents are the primary teachers of their children. As being your child’s primary teacher, please join in our mission by:

- attending mass each weekend with your child
- Praying daily with your child and as a family
- Promoting regular attendance at Faith formation classes
- Asking your children what they’ve learned after each faith formation class
- Sharing your faith your own way with your child

Catechetical Sunday also offers an opportunity to recall that all the Baptized have roles in handing on the faith in their daily life, families, work, and church involvement. There will be various opportunities for adult faith formation this year, especially programs focusing on the Eucharistic. We encourage all adults to participate in these opportunities and support the programs offered.

We look forward to walking this journey of faith with you, and we need and appreciate your prayers of support!

Let us pray:

Prayer for Catechists

Loving Father, we pray for our catechists. We thank you for their gift of ministry in your Church. Grant them your wisdom that they may grow in the understanding and teaching of your Word. Grant them also your love that they may be fruitful heralds of your Word and lead others to love you. Pour forth your Holy Spirit upon them to grant them wisdom about what is important; knowledge of the truths of faith; understanding of their meaning; right judgement about how to apply them in life; courage to persevere even in the face of adversity; reverence before all that is sacred and holy; and that loving zeal which leads others to a transforming encounter with your Son. We pray this through Christ, our Lord. Amen.

Faith Formation

Schedule 9:30 am - 10:45 am

Sep 17
Catechetical Sunday

Sep 24
First Day of Class

Oct 1
Oct 8
Oct 15
Oct 22
Oct 29

Our Faith Formation team **apologizes** for the delay in starting our first class, which will now be held on September 24th. We are excited to see your children in class and look forward to a great year. We can't wait to see your kids in class and have some fun learning together!

Registration forms are available [online](#) or in the Narthex..

Class follows the curriculum: **Word of Life**

K - 5 will meet in the classrooms downstairs

Class follows the curriculum for sacrament: **Confirmed in the Spirit**

6 - 8 Will follow the YM schedule (unless making a

sacrament.)

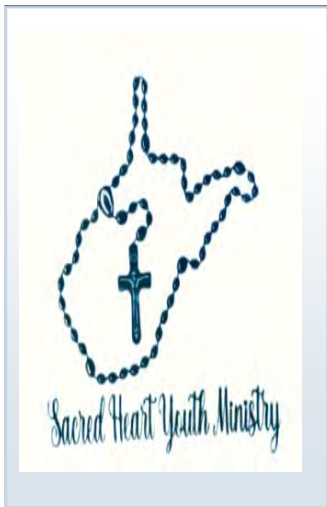
9 - 12 Will follow the YM schedule (unless making a sacrament.)

First Communion Preparation:

Grades 2 - 5 - Parent meeting Date coming

MS/HS - Parent Meeting Date coming

Youth Ministry



September Is Devoted To The Seven Sorrows Of Mary | Mark Your Calendar!
by [Genevieve Perkins](#)

Youth Sunday

Sep 17
Oct 15
Nov 19
Dec 17
Jan 21
Feb 18
Mar 17
Apr 21

Did you know that each month has a traditional Catholic devotion? This year, let's focus on each devotion month-by-month to grow in our faith and traditions! Make yourself notes, write it on your calendar, and pray a specific prayer each day of the month to remember. You could use a prayer

already associated with the devotion or pray a personal one. We've already had a month devoted to Mary's Immaculate Heart in which we looked at the symbols of her heart. These images include a sword, which represents her sorrows. Sorrow is a sadness full of love, and

if you don't know what her seven sorrows are, we have a post all about the for you!

Ref:
[September Is Devoted To The Seven Sorrows of Mary \(catholic-link.org\)](#)

Adult Faith Formation

Women's Prayer Group

- ◆ Thursday's at 10:15 am in the conference room

Contact: Susie Pace

Men's Group

- ◆ First and Third Thursday of the month at 10 am in the Narthex

Contact: Jim Cosgrove



Does prayer change me or change God's plans?

- ◆ Coming Soon!

Contact:
 Laura Wyatt 304-425-3664 or
 MaryJane Albin



walking with purpose

Join us on a journey of self-discovery and spiritual growth as we invite women to our program that meets them where they are at and helps them transform their hearts through the power of God's Word.

Starting Oct 8 at 6:00 pm in the classroom

Contact:
 Laura Wyatt 304-425-3664 or
 KD Coleman

OCIA

The OCIA journey is a profound experience that enables individuals to become fully initiated members of the Catholic Church. It's a process that involves several stages, and the duration varies depending on the individual's readiness and circumstances.

During this journey, participants

- **learn about the Catholic faith,**

- **engage in various rituals and liturgies,**
- **and ultimately receive the sacraments of initiation (Baptism, Confirmation, and Eucharist).**

Through this process, individuals can deepen their relationship with God and become more fully integrated

into the Catholic community. This journey is personal and transformative, and it's an opportunity for individuals to grow spiritually and embrace the Catholic faith.

Contact Laura Wyatt at
 304-425-3664 or
 lwyatt@sacredheartpinceton.org

This Week on Formed

Fun with Exalting the Holy Cross | Catholic All Year w/ Kendra Tierney In honor of the Feast of the Exaltation of the Holy Cross on September 14, let's talk about . . . talking to kids about Jesus' suffering. Plus a family-friendly at-home Veneration of the Cross, and our favorite feast day foods.

<https://watch.formed.org/videos/fun-with-exalting-the-holy-cross-catholic-all-year-w-kendra-tierney>



Twenty-Fourth Sunday of Ordinary Time
 Music for
 September 16 & 17, 2023

Celtic Mass
 Mass Readings on pg. 326
 Word & Eucharist

Entrance: G616
 “Praise to the Lord, the Almighty”

Responsorial Psalm:
 The Lord Is Kind and Merciful

Presentation of Gifts: G859
 “God of Day and God Darkness”

Communion: G940
 “You Satisfy the Hungary Heart”

Closing Hymn: G614
 “Joyful, Joyful, We Adore You”

Parish Council

Deb LaMothe (Chair)	Vickie Blankenship (Secretary)
Harold Cofer	Gerry Cosgrove
Mike Flanigan	Renee Green
Anthony Heltzel	Zack Romano
Santina St. John	
Ad Hoc:	Gina Boggess
Kim Hickman	Laura Wyatt
Susie Pace	Lorin Albin

Finance Council

Charlie Pace (Chair)	Gina Boggess
Richard Flanigan	Kevin Garrett
Shelby Neri	Gene Richardson
Frank Sinicrope	Fred St. John
Kirt Suehs	
Ad Hoc:	Kim Hickman

Share Your Blessings
2nd Collection: Catholic Extension
September 16-17

Collection



	weekend Sept 2-3	YTD Actual	YTD Budget
Envelopes	4,511.00	115,826.54	115,500.00
Loose Offertory	289.00	6,780.10	3,500.00
Maintenance	5.00	1,907.00	1,500.00
Total Contributions	\$ 4,805.00	\$124,513.64	\$ 120,500.00
Abel crisis center	30.00	465.00	350.00
Tender Mercies	320.00	1,650.00	2,250.00
Memorial Contributions/ E Piconi	1,300.00	3,178.00	0.00
Dioc: Catholic University	50.00	50.00	150.00
Attendance:	4pm: 42	11am: 129	

September Ministry Schedule

DATE	Lector	Extraordinary Minister	Greeter	Video	Altar Server	Counter
9	G. Saffell	D Richardson K Bailey V Manley	M Gaspersich	n/a	C Pace	J Cosgrove
10	A Dumapit	W Picknally K Suehs Y Suehs	Hillyer	K Hickman	A Coleman A Albin	
16	M Bacho	C Pace T. Marx M. Marx	F Bacho	n/a	D Richardson	J Choate
17	K Carter	B Barrett G Cosgrove K Hickman	YOUTH	W Picknally	E Coleman A Albin	
23	M Tinio	K Bailey V Manley T. Settle	C Prox	n/a	C Pace	T Settle
24	C Cofer	A Heltzel H Cofer R Modena	Blankenship	W Picknally	B Carter J Holt	

In case of an emergency and a priest is needed, please call:

The Parish Office
(304) 425-3664

Bluefield Parish Office
(304) 327-5623

Kim Hickman
(304) 920-2440

In case of illness: Please call the parish office to let us know if you, a family member, or a parishioner is sick. We can place your name on the prayer list. If requested, Fr. Sebastian will arrange for distributing Holy Communion in the home.

Nursing homes, rehabilitation centers and anyone who is hospitalized are not permitted to contact the church. If someone you know is in the hospital, please call the church office.

In case of serious or life threatening sickness or the actively dying: The church should be contacted as soon as possible. People deserve the opportunity to confess their sins, profess their faith, be anointed, and receive Holy Communion – the foretaste and pledge of eternal life. PLEASE don't wait until after the person is unconscious or so sedated that he or she cannot communicate. It is imperative with current situations, that there be enough time for Fr. to go through the appropriate protocol to visit the actively dying.

Please include the following in your Daily Prayers

Parishioners:

Catherine Belcher
Ruth Boyd
Deloris Caccamo
Ron Ciccolini
Romulo DelaRosa
Dr. David Garcia
Dale & Mary Lu Geiger
Angie Grbac
Cynthia & Gordon Harmon
Cyndi Jones
Nancy Larkin
Valarie Laxton

Christina Laxton
Robert Laxton
Kaitlyn Laxton
Keith Laxton
Jim Lintz
Jim & Diane Luciano
Tanya Marx
Jaelynn Mendoza
Annette Morgan
Dr. Jun Neri
Patricia Nester
Alan Rieger

Vivian Romano
Deborah Saffell
Gareth Settle
Felomina Yongque
Carrie Yurkovich
Jane Walthall

Family & Friends:

B.J. Asbury
Linda Berghof (mother of Jackie Mercado)
Lou Berentes (friend of Monica Mills)
John Bowers
John Caccamo (brother of Pat)
Rita Calhoun (Aunt of Tanya Marx)
Regina Church (friend of Monica Mills)
Judy Clayton (sister of Loretta Lintz)
Linda Cunningham
Kimiko Fetro (friend of Bill Picknally)
Kyle Geiger
Mike Goff
Patricia Gupton (daughter of Jim Cosgrove)

Myles Harris
Velma Hartwell
Wylie Rae Henson (Kay Bailey's granddaughter)
Brenda Ivelise
Ruby Jones (Aunt of Rachel Colosi)
Langan Family
Lucas Llado (grandson of Maria Franco)
Richard Lockhart
Sandy Morefield (friend of Gaspersich family)
Tina Mullins (friend of Tanya Marx)
Wayne Mullins (brother of Delores Caccamo)

Carolyn Munther (mother of Lisa Black)
Susan Nelson (Bill Picknally's daughter),
Rex Neely
Agnes Sedi
Sherry Sisk
Bryan Staten
Agnes Tokarski (Bill Picknally's sister)
Jamie Willoughby (niece of Sharon Buttaci)
Richard Wentz (brother in law of Rick & Laura Wyatt)



Daily Living

with Fr. Chapin

Sacred Heart Presents...

Fr. Chapin Engler

INSIGHTFUL DISCUSSION

On Thursday, October 5th at 6:00 pm, Sacred Heart Catholic Church in Bluefield will host a presentation by the renowned homilist, Father Chapin Engler. Do you suffer from the “disease of trying to please?” Do you wonder why you are here, what is your purpose? Do you question “Where did God go?” These and other existential issues will be addressed at the event in person and by streaming, followed by a question & answer period and refreshments in the lounge.

Don't miss this opportunity to come and bring a friend to meet the dynamic host of My Daily Living.

October 5, 2023

6:00 PM

**Sacred Heart
Bluefield
1003 Wyoming St.
Bluefield, WV**

**Attendance is free.
A contribution to Father
Chapin's television
ministry would be
welcome.**

<https://mydailyliving.com/support/>

About the program: My Daily Living

*Airs on Sundays at 6:30 am on Channel 4
Sundays at 8:30 am on WVTV-FOX,
or anytime on Youtube.*



Scan Me to Donate



Kick-off weekend

WHAT GROUPS NEEDS YOU?

In response to the recent surveys, our parish council is responding to a request for more opportunities to volunteer, learn and be a community. We are asking you to support one of the many Sacred Heart Groups. Each week a different organization or committee will present their purpose, and needs. Please use these weeks to find a place for your talents and skills! We Need You!

**FINAL GRAND EVENT
OCTOBER 21-22
PRIZES AWARDED!**

Moments of the Lord's Supper: A Sensory Experience

Sacramental
Symbols

Music

Join us as we explore the Lord's Supper using our senses!

You will be taken on an unique journey allowing you to see, hear, feel, touch, taste and smell how the Lord was not only present to the disciples in that Upper Room, but shares himself with the Church every time we gather at the Eucharistic table.

Art

Prayer

Rituals



Begins at 6:30 PM (offered at two locations for your convenience)

**October 4—All Saint Parish, Bridgeport, WV
October 5—Saint John XXIII Pastoral Center, Charleston, WV**



**Sponsored by the Diocese of Wheeling-Charleston.
Free and open to the public.**

Dear Padre,

Why are churches doing away with the confessionals?

In many churches, when it is feasible, the traditional confessional box is modified or even replaced by a more spacious, less darkened reconciliation room. In 1974, the US Conference of Catholic Bishops decreed that “small chapels or rooms of reconciliation be provided in which penitents might choose to confess their sins through an informal face-to-face exchange with the priest, with the opportunity for appropriate spiritual counsel.” Later, a further elaboration recommended austere furnishings and decoration in this space, “with nothing superfluous in evidence beyond a simple cross, table and Bible. The purpose of this room is primarily for the celebration of the reconciliation liturgy; it is not a lounge, counseling room, etc. The word ‘chapel’ more appropriately describes this space.” If a reconciliation chapel does not provide a fixed screen or grille between the penitent and confessor, it must be offered elsewhere, according to canon law. “The purpose of this norm is...to afford the penitent anonymity if he or she desires and to make certain that there is no suspicion of impropriety in the confessor-penitent relationship” (Code of Canon Law, 964 commentary).

Ideally, the environment of the reconciliation chapel helps the penitent and confessor feel they are “on holy ground” (Exodus 3:5) in encountering God in this sacrament. It offers an inviting sacred space to celebrate a powerful expression of God’s mercy and unconditional love. ●



PASQUALE SENATORE / SHUTTERSTOCK

Fr. Byron Miller, CSsR / DearPadre.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
September 18 Weekday	September 19 Weekday	September 20 Sts. Andrew Kim Tae-gŏn, Priest, and Paul Chŏng Ha-sang, and Companions, Martyrs	September 21 St. Matthew, Apostle and Evangelist	September 22 Weekday	September 23 St. Pius of Pietrelcina, Priest	September 24 Twenty-fifth Sunday in Ordinary Time
1 Tm 2:1-8 Lk 7:1-10	1 Tm 3:1-13 Lk 7:11-17	1 Tm 3:14-16 Lk 7:31-35	Eph 4:1-7, 11-13 Mt 9:9-13	1 Tm 6:2c-12 Lk 8:1-3	1 Tm 6:13-16 Lk 8:4-15	Is 55:6-9 Phil 1:20c-24, 27a Mt 20:1-16a

Know Someone Overly Anxious About Sin?

Since 1964, the Redemptorists' *Scrupulous Anonymous* free monthly newsletter has ministered compassionately to those struggling with scrupulosity. To subscribe, visit ScrupulousAnonymous.org.



SHUTTERSTOCK

A WORD FROM POPE FRANCIS

As I was celebrating Mass, I paused, touched by a phrase... from the book of Sirach....“Remember the end of your life, and cease from enmity.” A beautiful phrase! Think of the end! Think that you will be in a coffin...and will you take hatred there? Think of the end, stop hating! Stop the resentment.

ANGELUS, ROME, SEPTEMBER 13, 2020



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